

# ck it out!

Shaler North Hills Library | shalerlibrary.org | 412-486-0211 July-August 2023

#### **Hours**

Mon/Tues/Wed/Thu: 10:00am to 8:00pm

Friday & Saturday: 10:00am to 5:00pm

> Closed: Sundays & July 4

Park & Pickup Hours (Come to the Pickup Window or delivery to your vehicle) Same hours as above

> Meetings **SNHL Board No July Meeting**

**SNHL Friends TBA** 



Please follow us!



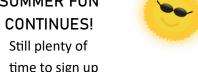






1822 Mt. Royal Blvd Glenshaw PA 15116 412-486-0211 shalerlibrary.org

# SUMMER FUN



- time to sign up and share your reading with our Summer Reading programs—for all ages. See p. 3 for details.
- Find out how to visit area historic sites and museums for FREE! Check out our Experience Kits for the 2023 season—see the list on page 7.
- Have you checked out our Outdoor Game collection? Grab a game for your next family gathering. See p. 7.
- Ice Cream Social and Swimming this August! See p. 3

#### 13th Annual Car Cruise

Saturday, August 5 5:00-9:00pm



Often imitated, never duplicated! Join Oldies DJ Clint Stokes for a night of doo-wop and the coolest cruise cars! 50/50 raffle, hot dogs, and fun for all ages. People's Choice too!

### We need volunteers to help with our Car Cruise!

Please sign up here:

https://forms.gle/y9g7wsKKi77sAtRp9



**Moving Into and Through Pregnancy with Ease, Decreasing Stress Naturally** Tuesday, July 18, 6:00pm

The chronic stress from the pandemic has put many people in a state of constant fight-or-flight mode which can affect women wanting to conceive or are already pregnant. Excessive stress hormones have been shown to affect the baby's health. Reducing stress hormones has been shown to have more positive outcomes for both mom and the baby.

Join Renee Fera, RN, CEHP, for a program that seeks to ease the process of pregnancy at all stages - before, during, and postpartum.

> PLEASE REGISTER AT: https://tinyurl.com/ShalerPregnancy2023

> > Read more about Renee at her website pregnancyease.com



Get your creative on by visiting the Pittsburgh Collage Collective's Open House

> Postal Collage No. 12 **Opening Reception**

All Day Saturday!

July 15, 10-4

Read more p. 5

- Page 2—Monthly/Weekly Get-Togethers
- Page 3—Summer Reading Details; Free Swim at Crawford Pool; Ice Cream Dessert Theater
- Page 4—Healthful Programs—Dementia Friends; Caregivers Support; Let us Help
- Page 5—Pittsburgh Collage Collective Event; Readers Theater; Food for Thought Group
- Page 6—Garden Club Summer Programs; Allegheny County Library Road Trip
- Page 7—Experience Kits 2023 Season—Visit Historic Sites in Our Area; Borrow Outdoor Games! Shopping for School? Help the Library Out as you Shop
- Page 8—Shaler Township News; Community News; Food Truck Visits!

### Monthly/Weekly Get Togethers

Join us monthly or weekly for any of the following activities! Always open to new members.

#### MONTHLY GET TOGETHERS



### **Monday Night Book Group**

Second Monday of the month, 6:30pm
Reads a wide variety of material, from newer best sellers to classics. Please contact Sharon at mcraes@einetwork.net

July 10: Christmas Bookshop by Jenny Colgan

August 14: Horse by Geraldine Brooks

### **Mystery Book Group**

Third Thursday of the month, 2:30pm
Reads mysteries and thrillers.
Please contact Beth at lawryb2@einetwork.net

July 20: The Bullet That Missed by Richard Osman

**August 17:** Mystery Movie Viewing (TBD)

#### Sense & Sound: A Fresh Perspective on Poetry

Last Tuesday of the month at 6:30pm

Please contact Ingrid at kalchthaleri@gmail.com

Register: tinyurl.com/shalerpoetry

**July 25:** "You GOTTA Hear This!"- we are encouraging attendees to bring their favorite (or least favorite) poem that everyone NEEDS TO HEAR

August 29: Aging

#### Food for Thought

Second Wednesday of the month at 1:00pm Community-led.

July 12: It's a Picnic!

August 9: Harvest Vegetables

#### **Rummikub Game Night**

First Thursday of the month at 6:00pm Community-led. Drop in. Come join in the fun! Open to all. Seeking more players!

### **WEEKLY GET TOGETHERS**



#### **Exercise Class with John Uddstrom**

Mondays & Fridays, 8:45am-9:45am
Requires Release Form at first session.
Drop-in. \$2.00 fee payable to instructor.
Please contact Adult Services for questions.

### **SNHL Card Playing Group**

Tuesdays, 1:00-4:00pm Community-led. Drop-in. New players always welcome.

### **Needles & Hooks by the Books**

Wednesdays, 2:00-3:00pm Community-led. Drop-in. This group meets to knit and crochet.

#### **Watercolor Open Sessions (no mtgs summer)**

Thursdays, 10:00am

No instruction provided.

Please contact Shaler Adult Services to be put in touch with the group that meets for more info.

### Readings in Alternative Everything—Virtual

Second Wednesday of the month at 7:00pm Community-led.

Current Title: Fourteen Lessons in Yogi Philosophy by Yogi Ramacharaka

For more information and to obtain a Zoom invite, please email Richard Kajuth, EdS, DD at rkajuthdd@gmail.com

July Display Cases:
Ruff Writers

July Art Gallery:

Joanne Kolek Stein

# Summer Reading Fun

### All Together Now...through August 13

It's that time for summer reading fun! The best part of summer at the library is our patrons taking library books, audiobooks or eBooks with them to gatherings, vacations or the parks. We know that when families read together, they succeed together. Join us



all summer as we celebrate being together again! Sponsored by Friends of SNHL.

### **EVERYONE REGISTER HERE!**

#### Adults:

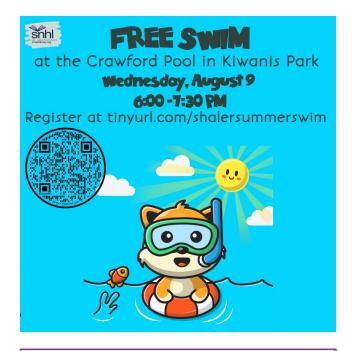
For each book you read or listen to, or any 10 books you read to a child, enter one slip. You can <u>ENTER YOUR READING HERE</u> or on paper at the Library.

Each entry is a chance to win one of our weekly prizes. All entries remain in play throughout the summer.

Each Monday we will draw and contact the winner from the previous week.

Prizes include passes to the Children's Museum; Heinz History Center; Phipp's Conservatory, Carnegie Museums, Fun Fore All, —and more to come! Thanks to our supporters and sponsors!

Kids and Teens: Visit <a href="https://www.shalerlibrarykids.org/">https://www.shalerlibrarykids.org/</a> for program & prize details.



Kids or grandkids? Stay in the know for all our fabulous programs by visiting the website: <a href="https://www.shalerlibrarykids.org/">https://www.shalerlibrarykids.org/</a>
Fun for all ages! From birth through teens.



### News to Use

### Have you tried the New & Improved Catalog?

Don't be surprised when the library catalog looks different! It's all about making your searches easier.

The Allegheny County Library Association has been busy at work to update the catalog and help you find your way around.

You can provide feedback too. But don't worry—staff will still be on hand to help out as we all adjust to something new.

Link through from home or from our website.

LINK: https://acl.bibliocommons.com/



# Helpful/Healthful Programs

# Dementia Friends Information Session Next session:

Friday, August 4 @ 10:30-11:30am

Register: <u>tinyurl.com/shalerfriends</u> or call the Library for assistance.

Join us in person at the library to learn more about Dementia Friends of Pennsylvania and the



ways in which we can help to create a more positive experience for those living with dementia. Please note that the goal of the questions is to gain a better understanding of how we can be more inclusive of all community members in Pennsylvania. All responses will be kept confidential. If you have questions or concerns about the registration, you can contact info@dementiafriendspa.org.

This session is for adults, but if you are interested in a child or youth session, please email our facilitator at rev.kalchthaler@gmail.com. We look forward to meeting you.

### We're here to help!

- We can give you assistance with your technology and computer questions. Stop in or schedule an appointment (bring your device if you need to).
- Check out our databases for research, or Tutor.com for homework help.
- Have a disability that impairs your reading? Ask us about the Library for Media for Pennsylvanians (LAMP).
- Check out our free eBooks, audiobooks, streaming movies & TV shows. Ask us how to get started.
- Add the Princh App and you can print from your device (or from home) to the Library's printers!

### Manage Your Library Account

- Download the ACLA Mobile App so the library's catalog and your account are at your fingertips!
   Place your own holds and more.
- Sign up for text notifications and you'll know when that hold arrives for you.

#### **Caring for Caregivers**

A monthly series for those caring for loved ones. Are you interested?

Shaler Library is working with Erin McMaster, a Memory Care Advisor from Promedica Memory Care, to host free monthly sessions for persons who are caring for or supporting a loved one with Alzheimer's, Dementia, or other cognitive/memory issues.

Sessions will be held the third Wednesday of the month at 1:30pm. Registration is helpful but not required. Walk-ins/drop-ins always welcome! Call us with any questions.

JULY REGISTER:

tinyurl.com/CaregiverSessionJuly2023

AUGUST REGISTER:

tinyurl.com/CaregiverAugust2023



### **Programs**

# Collage Collective Exhibit BERKELEY Commonplace

### Pittsburgh Collage Collective Exhibit and Open House

July 15, 10:00am to 4:00pm

Join members of the Pittsburgh Collage Collective for the opening of this exhibition coordinated with Berkeley Commonplace, a community arts organization out of Berkeley, CA, producer of the annual Round Table Collaboration Postal Collage Project.

Nearly 90 hand-cut collages will be on display at Shaler North Hills Library, and there will be collage-making opportunities for the public, with tools, supplies, and materials provided.

Read all the details on our website and come meet these local artists!



We have display cases available for the Community! Share a hobby, an interest, promote your nonprofit, or your crafts. Contact the Adult Services staff or check our website for the guidelines and form.

#### **NEW Writer's Group Starting!**

Are you a creative writer? Do you want to be? Whether you create short stories, non fiction, poetry, dialogues, TV Scripts or existential historical fantasies - everyone who writes likes to belong to a group of like minded creators for support and accountability. The Shaler North Hills Library Writer's Group could be a great free resource for you. Zoom sessions and one in-person meeting on the 4th Monday of each month.

If you are interested, please register at:

Tinyurl.com/shalerwrites

# Sense and Sound

#### **Monthly Poetry Series**

Think poetry isn't for you? You might be surprised! Join us on the last Tuesday of each month at 6:30pm to explore poets and poetry.

July 25: You HAVE to Hear This! (bring your favorite or one you don't like!) Register Here: Tinyurl.com/shalerpoetry

ACT OUT: Reader's Theater for Adults Tuesday, July 18, 6:30pm Old Time Radio

Meets the third Tuesday of the month at 6:30pm

What is Readers Theater? Think old-time radio shows or the more recent Twilight Zone Radio series. Think about using your voice (and sometimes a few props or costumes) to share a great drama or comedy without memorizing a script! Check out our podcast!

Learn more about the project <u>HERE</u>. Join us for a lot of fun. No experience is necessary; we will all learn together! **REGISTER**: <u>tinyurl.com/shalertheater</u>

### Let's Get Social Again!

Are you aware of the fun and welcoming groups that meet here? Shaler Library hosts groups that come together on a regular basis. We have a Card Club, Needles & Hooks by the Books (Knitters & Crocheters), Watercolors (no instruction provided), Senior Exercise (small fee) and Rummikub Game Night. These Community-led groups are always open to new folks and a great way to meet new friends. Check out the schedules on page 2 and bring a friend to see what works for you.

### Food for Thought Group Second Wednesday of the Month 1:00pm

Love to cook? Love to eat? Try new recipes? This is the group for you!



The group will gather once a month to share recipes, food and conversation around a shared theme.

No registration required. New members always welcome!



Topics: July 12: It's a Picnic August 9: Harvest Vegetables

### **Summer Programs**

### **Shaler Garden Club Summer Programs**

These programs are open to the public!



Tuesday, July 25, 7:00pm

Winners announced for the Great Gardens Contest (6:30pm) followed by 'Creative Flower Arranging' with Mark Zolkowski of Z Florist



Wednesday, August 2, 6:00pm 'Gardening for Pollinators'

Tuesday, August 22, 6:30pm 'Monarchs on the Move' with guest speaker June Bernard.



No registration required. For more info, check the website: shalergardenclub.org



#### Sneak Peek for Fall....

Yep! We're already planning some great things for you this fall....

September is Love Your Library Month! Watch for great programs and fund-raising opportunities to help us out.

### September

History of Pro Football

Puzzle Competition for Adults (fundraiser!)

Book Bonanza Trivia Night (fundraiser!)

Lessons in Chemistry Trivia Night (fundraiser!)

Visit from a U.S. Diplomat

'Seeking the Spiritual' Book Discussion

#### October

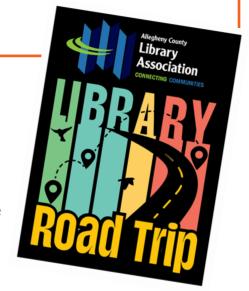
Photographer's Journey Through Israel Civil War History: PA 139th Volunteer Regiment

Notorious Pittsburgh

### **Announcing the Allegheny County Library Road Trip!**

Ready for an adventure? How about planning a 'trip' to visit all the public libraries in Allegheny County? How many will you see? Pick up your Passport at any library and start checking off the ones you visit.

- For each library you visit, you will receive a coupon for a percentage off at Spark Books.
- For each region you complete (North, South, East, West), you will receive a small swag bag from ACLA!
- For completing the entire county, you will receive a free book of your choosing at <a href="Spark Books">Spark Books</a>. (located in Aspinwall).



Program begins July 17. Let us know when you complete a region and we'll send for your reward. So get traveling...get reading...and fill up that Passport!!

### Experience Kits for 2023

### Roooooaaaaad Trip!

You can borrow a kit with FREE ADMISSION to

### **SIX Area Attractions!**

Shaler North Hills Library is offering kits to visit SIX different historic sites and museums this year:

- \* The Heinz History Center
- \* Old Economy Village
- \* David Bradford House & Whiskey Rebellion Education Center
- \* Historic Ft. Steuben
- \* Fort Ligonier
- \* Railroaders Memorial Museum and Horseshoe Curve





Village



Visit THREE of these sites before October 31, 2023

and enter a raffle to win a prize basket!

Pick up a brochure or ask at the Reference Desk for details.

And watch for virtual programs for each site this summer!

### Fun Ways to Enjoy the Outdoors! Explore Shaler Parks This Summer

We want you to get to know your area parks this summer! It's time to break out those hiking shoes, grab your tennis racket, pack a bocce set and visit your parks. (Don't forget your bug protection!)



We offer TONS of outdoor games and specialty items for you to borrow from the library. Check out a bocce or croquet set! Grab a backpack with binoculars, a magnifying glass, and a couple of books to identify bugs and butterflies. Try your hand at building blocks or pickle ball!

Items cannot be reserved in advance but stop in the library to ask what's available.

Check out the brochure on the Shaler Area Parks HERE.

### What You Need to Know...

- Tickets provide free admission for two adults and up to six children (under 18).
- Kits contain a barcoded pass, an information sheet, directions, and a comment book.
- Kits check out for one week, Wednesday to Tuesday. You MUST pick up and return within that week. There are no extensions. Kits cannot be renewed.
   (Remember—others are waiting!)
- Kits must be picked up and returned ON-LY at Shaler North Hills Library— Reference Desk. <u>Please do NOT use the</u> <u>Book Drop or return to any other library.</u>
- Virtual Kits available on our website too!

### Our Wish Tree

If your kids are heading back to school, please consider picking up a couple of items for your Shaler North Hills Library too!

Starting on July 17, stop in and take a tree leaf and purchase a new item for your SNHL....or visit our ongoing Amazon wish list and drop ship your generous gift to us.

We are so grateful for these in-kind donations. They make a huge difference in the lives of our community.

https://tinyurl.com/snhlamazonwishlist

### Community News

# Adult Swim at Crawford Pool

Featuring DJ Rick Wirth

Thursday, July 20 6:30pm - 9:00pm

The pool will close early that evening for adults to enjoy the pool!

You must be at least 21 years of age with a valid ID to enter.

\$3 admission fee per person

Note: Alcohol is not permitted at Crawford Pool.



Thank you to Howard Hanna Real Estate Services for sponsoring this Township event!





Visit <u>Shaler.org</u> for more info on these events!

### Food Truck Yumminess Coming Your Way!

Visit these food trucks in our Front Parking Lot for spectacular food. Great way not to have to cook during the summer heat.

### Mission Mahi August 26, 11:30am-1:30pm



Bet you can't wait to get some of those DELICIOUS fish tacos!

It's a deal for fish, fries, cheese, and coleslaw. Big enough for two meals...unless you are really hungry... (Sept 23 too!)

### Sak Pasé Pgh August 15, 2:00-6:00pm



Experience Haitian food on the

go! Chicken rice & beans, plantains, spicy coleslaw and more.

# Yoga in the Park

Yoga is from 8:00-9:00am on the following Saturdays at the Upper Kiwanis tennis courts.

Days and times are subject to change dependent on weather.

May: 6, 20, 27 June: 3, 10, 17, 24 July: 1, 8, 15, 22, 29 August: 5, 12, 19, 26 September: 2, 9, 16, 23, 30

Bring your yoga mat and gear.



# New Members Always Welcome!



Love Your Library? Want to help out? Join as a new member of the Friends of the Shaler North Hills Library!

Friends of SNHL actively work to make SNHL a better place. Membership is only \$15.00, \$25.00 for household. For more information contact Janet Miller at jmmpitt@msn.com. (The membership form is available on the Library website.)

Discover and access free or discounted tickets to



regional attractions with your Allegheny County library card!

Visit radpass.org for all the details!



Come join others who are working to make

Shaler Township a safer place for pedestrians and bicyclists.

Interested? Send us a message at: WalkBikeShaler@gmail.com

Join us at 7:00pm on the second Monday of each month at Shaler North Hills Library.

