

Local Resources

Gateway Rehabilitation Services

<http://www.gatewayrehab.org/opiate>

Greenbriar Treatment Center

<http://www.greenbriar.net/>

Jade Treatment Center

<http://www.myjadewellness.com/>

Mercy Behavioral Health

<http://www.mercycares.com/methadone-maintenance-treatment-program>

Trilogy Wellness

<https://www.trilogywellness.org/>

National Prescription Drug Take Back Day

Held one Saturday each Spring and Fall at Shaler North Hills Library.

Return Drugs Safely ALL Year:

The Shaler Township Police Department has a Drug Take Back Box located in the department's lobby. Regular Collection is 8:30 am to 4:30 pm, Monday through Friday. Arrangements may be made for after hours drop off by calling 412-492-2222.

The following guidelines apply for the use of the box:

- All medications from households, whether prescription or over-the-counter, are accepted.
- Medications may be disposed of in the original container or in a sealed plastic bag.
- Liquids must remain in the original container.
- No needles, syringes or lancets shall be placed in the drop box.

The box was provided thanks to the PA Department of Drug and Alcohol Programs (DDAP).

OPIOID CRISIS: RESOURCES



Shaler North Hills Library
1822 Mt. Royal Blvd.
Glenshaw, PA 15116
412-486-0211
www.shalerlibrary.org


Books...And So Much More!



Books

Colvin, Rod. *Overcoming Prescription Drug Addiction*

Cataldi, Libby. *Stay Close: A Mother's Story of Her Son's Addiction*

Darnall, Beth. *The Opioid-Free Pain Relief Kit: 10 Simple Steps to Ease Your Pain*

Davenport-Hines, Richard. *The Pursuit of Oblivion*

Fletcher, Anne M. *Inside Rehab: The Surprising Truth about Addiction Treatment— and How to Get Help that Works*

Hampton, Ryan. *American Fix: Inside the Opioid Addiction Crisis—and How to End It*

Hawes, Anderson and Gene. *Addiction-Free: How to Help an Alcoholic or Addict Get Started on Recovery*

Henderson, Elizabeth, MD. *Understanding Addiction*

Ketcham, Katherine, MD. *Teens Under the Influence: the Truth about Kids, Alcohol, and Other Drugs—How to Recognize the Problem and What to Do About It*

Lembke, Anna. *Drug Dealer, MD.*

Quinones, Sam. *Dreamland: The True Tale of America's Opiate Epidemic*

Sandor, Richard, MD. *Thinking Simply about Addiction: a Handbook for Recovery*

Sheff, David. *Beautiful Boy: A Father's Journey Through His Son's Addiction*

Sheff, David. *Clean: Overcoming Addiction and Ending America's Greatest Tragedy.*

Stellin, Susan. *Chancers: Addiction, Prison, Recovery, Love*

Articles

Caldwell, Christopher. "American Carnage." *First Things Magazine*. April 2017. Web. 21 July 2017 www.firstthings.com/article/2017/04/american-carnage

Healy, Melissa. "The US Should Rethink Its Entire Approach to Painkillers." *Los Angeles Times*. July 13, 2017. July 2017 www.latimes.com/science/sciencenow/la-sci-sn-opioid-crisis-recommendations-20170713-story.html

Talbot, Margaret. "The Addicts Next Door.." *New Yorker Magazine*. June 2017. Web 21 July 2017 www.newyorker.com/magazine/2017/06/05/the-addicts-next-door

Whyte, Chelsea. "Does the drop in US drug deaths mean the opioid crisis is ending?" July, 2019. <https://www.newscientist.com/article/2210550-does-the-drop-in-us-drug-deaths-mean-the-opioid-crisis-is-ending/>

Lord, Rich. "One Day in the Life of the Opioid Epidemic." *Pittsburgh Post Gazette*. Dec. 26, 2016. www.post-gazette.com/news/overdosed/2016/12/26/One-day-in-the-opioid-epidemic/stories/201612260005

Smialek, Jeanna. "The Heroin Business Is Booming in America." *Bloomberg Business Week*. May 2017. <https://www.bloomberg.com/news/features/2017-05-11/the-heroin-business-is-booming-in-america>

Wen, Leana. "A lot went wrong with the tobacco settlement. Let's not make the same mistakes with opioids." October 2019. <https://www.washingtonpost.com/opinions/2019/10/08/lot-went-wrong-with-tobacco-settlement-lets-not-make-same-mistakes-with-opioids/>

DeWeerd, Sarah. "Tracing the US opioid crisis to its roots: Understanding how the opioid epidemic arose in the United States could help to predict how it might spread to other countries." September 2019. <https://www.nature.com/articles/d41586-019-02686-2>

Levy, Sharon. "Youth and the Opioid Epidemic." February 2019. <https://pediatrics.aappublications.org/content/143/2/e20182752>

Movies

Beautiful Boy. 2018

American Heroin Addicts. 2016

Dr. Feelgood: Dealer or Healer. 2016

Heroin: Cape Cod, USA. 2016

The Fix. 2014

Methadonia. 2006

Union Square. 2005

Websites

NIH— National Institute on Drug Abuse <https://www.drugabuse.gov/drugs-abuse/heroin>

Substance Abuse and Mental Health Services Administration <https://www.samhsa.gov/>

North Pittsburgh Area Narcotics Anonymous <http://northpittsburghna.org/>

Overdose Free PA <https://www.overdosefreepa.pitt.edu/>

