**Library Hours**

- Monday* 10-8
- Tuesday 10-9
- Wednesday 10-8
- Thursday 10-9
- Friday* 10-6
- Saturday 10-5
- Sunday 1-5

*Extended Hours for Adults
- Mondays and Fridays the Adult section of the Library opens at 8:30am.
- Children’s opens at 10:00am.

**Closures**

Closed on Dec 23, 24, 25 for Christmas Holiday.
Closed on Dec. 31 & Jan. 1 for the New Year’s Holiday.

**Meetings**

- SNHL Board
  - December 11, 7:30pm (offsite)
- SNHL Friends
  - December 16, 6:30pm

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### A Family Holiday Concert with Conchordance of the Pittsburgh Recorder Society

**Sunday, December 15, 2-4pm**

Please join the members of "Conchordance" for a delightful concert to celebrate the holidays! Relax and find your holiday spirit with inspiring music from the Baroque and Renaissance periods, as well as modern compositions. You will also learn about the different recorders—sopranos, altos, tenors, basses, contrabasses—and what they sound like and how they work together. No registration required.

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### LIVE Concert and Cupcakes: High Brow Affair

**Tuesday, December 10, 6:45pm—7:45pm (REG)**

The newest and hottest music duo for all ages will be HERE! Live in concert, fresh after the release of their first Children’s CD (copies of which will be available for purchase), High Brow Affair will be performing in person. After the music, the party continues as you decorate and eat your own cupcake. Don’t miss this! Please register with Youth Services.

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### Holiday Shopping and More....

**Don’t miss our Holiday Art Market, our Teen Vendor Fair and our “New Year” Raffle! Read all the details on page. 3!**

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### CHANGE IN HOURS FOR 2020!

Please note that beginning January 1, 2020, the Library will close at 8:00pm Monday through Thursday. Friday, Saturday, and Sunday hours remain unchanged.

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![Image of the end of the newsletter with text: A Day to Help The Library! December 3, 12:00am to 11:59pm. Read more p. 6]

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**Inside...**

- Page 2—Book Sale nets $8,500! Thank you to all!
- Page 4—New Series for Seniors (and all Adults)...coming in January/February
- Page 5—New Year, New You Programs—Healthy Eating and Addressing Addiction
- Page 6—Board Games to Borrow; The Pierogis Are Coming!
- Page 6—A Holiday Message from Us to You
- Page 7—Shaler Township Grinch Movie Showing; Cookies & Cocoa with Santa; AARP Classes
**Health & Wellness**

**Exercise Class for All Levels**

*with John Uddstrom*

*Every Monday and Friday morning*

*$ 8:45am to 9:45am*

Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is $2.00 per class, $10.00 per month or $100.00 for the entire year. Cash or check. Drop-ins allowed. Must sign-in and pay at the circulation desk. Fees are payable to Shaler North Hills Library.

*Please note: Exercise classes require registration and signed waivers.*

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**Ways to Help YOUR Library...**

**Friends of the Shaler North Hills Library**

The Friends of the Shaler North Hills Library actively work to make SNHL a better place. They annually donate over $20,000 through fundraisers, membership dues and raffles. ALL funds go towards library programming and the purchase of special items the library could not otherwise afford. Membership is only $15.00, $25.00 for household. For more information contact Janet Miller at jmmpitt@msn.com. (The membership form is also available on the Library website.)

*Please join us for our next meeting on Monday, December 16 at 6:30pm.*

**BOOK SALE**

**THANK YOU!!!**

A huge THANK YOU to EVERYONE who helped or participated at the Fall Book Sale/Bake Sale.

EVERYONE includes the Library Staff and especially Steve who handles Facilities, Friends & Volunteers who sorted, organized, baked, helped with food for preview night, helped with sales, set-up, and clean-up.

We also appreciate and welcome those who became New Friends through a Membership!

Because of your devotion, this Book Sale/Bake Sale netted: $8,500.00!!!

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**Art Gallery**

*December: Holiday Art Market*

**Display Cases**

*December: Holiday Art Market*

*December: Girl Scout Troop 8009 Gingerbread Houses*

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**ART CLASSES**

Open to the public. Fees for supplies.

**Acrylic Painting with Scott Bryte**

*Wednesdays at 2:00pm $*

Contact Scott Bryte via the Library.

**Open Watercolors Session**

*Thursdays at 10:00am to 12:00pm $*

Contact Maggie Wood via the Library.
**Holiday Happenings**

**Our Second Holiday Art Market!**

**Shop Now for the Holidays**

Looking for that unique holiday present this year? Look no further than your library! Once again we are celebrating our local artists with artwork and specialty items for sale! Cards, prints, mosaic art, paintings, photography, and more are available in our Art Gallery and our Display Case upstairs.

We welcome you to peruse the art and consider a purchase of an item that is truly handmade and one-of-a-kind. (Partial proceeds benefit the library.)

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**TEEN CRAFT & VENDOR FAIR**

**COME SHOP @ SNHL!**

**Sunday, December 8, 1:00 to 4:00 pm**

Please stop by our teen fair for a unique array of booths for the community to shop, all hand-made by local teens! Bring your friends and family and do some early holiday shopping...and support these local ‘entrepreneurs’....

Watch for a ‘pop-up’ market with other treasures too!

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**Holiday shopping on Amazon?**

Please consider shopping with amazon smile. A percentage of sales will then go to support the Library!

**Start Here:** go to smile.amazon.com and search for the Shaler North Hills Library upon logging into your account. Then just shop as usual.

We thank you for your ongoing support!

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**Happy Holidays and here’s to starting off the new year with a win!**

**Check out our two fabulous raffles—**

We have holiday mugs full of hot cocoa mix, candy canes, lottery tickets or gift cards. Tickets are $1 each or 6 for $5. Drawing will be on Saturday, December 28. Go ahead, take a chance!
New Series for Seniors (and all adults)!

What's Next: Spirituality for the Second Half of Life
Six-Week Series, February 6-March 12, 6:30-7:30pm (REG)

Join Rev. Ingrid Kalchthaler in this six-week study as we contemplate the second half of our lives from a spiritual perspective. When we hear the term "the second half of life" thoughts of getting old and dealing with health concerns come to mind to the exclusion of others. Not true! There is so much more to be gained as we begin the process of letting go. We can let go of black-and-white thinking, of regrets and resentments and misconceptions. We can embrace forgiveness, compassion and the truth that we are much more than what we have accumulated and what we have accomplished. No matter what half of life in which you find yourself, we will come together to explore this broad, encompassing path of spirituality. Using Richard Rohr’s work Falling Upward and Joan Chittister’s The Gift of Years we will explore this journey together.

Miss Ing is an ordained American Baptist pastor and her path is Christianity, but this class welcomes people from all faith perspectives.

The Great Debates are Coming (But for Fun!)
As the new year approaches and the new year contains a presidential election, we hope to bring a little levity to what may be a heated time. We will be hosting a small series of debates about issues that matter but are often not addressed in major debates, perhaps because they are “too hot” or “too divisive” for even the most rabid of candidates to tackle publicly.

- Love vs. A Good Book
- Cats Vs. Dogs
- Bike Vs. Walk
- Harry Vs. Ron (Harry Potter)
- Candy Corn Vs. Chocolate

Stay tuned for details. Begins in February!

Lunch and Learn Wednesday Series
Let's learn something new together! Adults, bring your lunch and join us on three Wednesdays each month for a time of great conversation. Each week will bring a new topic to explore. We'll also provide the drinks and something sweet to eat.

January sessions (12:15 to 1:00pm)
January 8: New Year Legends and Lore (exploring the stories and traditions of the new year)
January 15: Healthy Living Re-start (if you have resolved to eat better in the new year and are having a little trouble, need a little inspiration, or if you want to inspire the rest us)
January 29: National Puzzle Day (puzzles of all sorts)

Questions? Email Miss Ing at Kalchthaleri@gmail.com

Help with Gadgets!
Thursday, January 9, 2:00-4:00pm (REG)

Did Santa bring you a new gadget? We can help you get started with free ebooks, film, music and more! Bring your gadget and explore a whole new world of free eResources at this open house. Free! Snacks! Please register.

Let’s Get Social!
Are you aware of the fun and welcoming groups that meet here? Card Club, Quilters, Knitters & Crocheters, Painters, Rummikub Players, Story Writing/Sharing? These groups are always open to new folks and a great way to meet new friends. Check out the schedules on the back page and bring a friend to see what works for you.
**New Year, New You!**

**Plant-Centered Diet**

What is it, and how can it work for me?

**Tuesday, January 7, 6:30pm (REG)**

- Keep trying diets and continue feeling unhealthy or struggling to get weight off?
- Feeling bloated or struggling with digestive issues?
- Have brain fog or a difficult time focusing?
- Have you heard of the term plant-based but feel too uninformed or overwhelmed to give it a try?

Join us for a 60-minute workshop where you’ll learn the basic principles of a plant-centered approach to eating, and how it could work for you. Please register.

Sarah Kaminski is a Pittsburgh native, educator, Holistic Health & Lifestyle Coach, Plant-Based Recipe Developer and Meal Planning guru through The Veg Out Project.

**Exploring Mental Health & Addiction:**

Help from Someone Who’s Been There

**Tuesday, January 28, 6:30pm (REG)**

**Take The High Road:**

It’s not where you begin it’s how you finish; a MUST READ for those with disabilities and addictions

Author and Social Worker Jeffrey Parker shares his personal journey struggling with addiction, epilepsy, and mental health diagnoses.

From understanding the nature and sources of the problems, to ways to change priorities and shift your energy to helping yourself (or a loved one), he will discuss his experiences and his path to recovery.

The author believes that courage, resilience and faith are crucial factors needed to overcome adversity and take the high road.


**Adult Winter Reading Coming in January!**

What’s the best New Year’s resolution you can make? To read more books of course! Maybe 2020 will be the year you’ll finally read just for yourself...and no better time than winter to curl up with a good book.

To help you get motivated, remember to register for our adult winter reading program—read or listen to just 2 books, enter each week for a chance to win some sweet prizes. Watch for details!

And please consider joining one of our Book Groups. Details on p. 8.

**Missed it at the Movies?**

Join us on the third Tuesday of every month at 1:30pm. (For adults)

**The Art of Racing in the Rain**

Tuesday, December 17 at 1:30pm

No registration required.

Through his bond with his owner, aspiring Formula One race car driver Denny, golden retriever Enzo learns that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.—IMDB
Beat the Winter Blues with Family Game Night!

What better way to connect with your kids, your family or even just good friends than with a friendly board game? Now you can try out cool new games by borrowing them from the library! Games check out for three weeks.

You can search our catalog by 'Board Games' and then limit to Shaler Library (Format =toy). There are almost 20 games to choose from!

(Don’t forget our specialty cake pans, telescope, and binoculars too!)

DONATE ON December 3
12:00am through 11:59pm

Please consider helping SNHL by donating a year-end gift. We really need some help with a few upcoming projects that will enhance the safety of our dear patrons, staff and volunteers including a library-wide PA system and security cameras. While there is no "matching" funds for the Big Give, one year a patron was the 1,942nd donor and we received an additional $1,942 in funds!

**Link HERE to make a donation!**
(or visit givebigpittsburgh.com)

This is a 24-hour online fundraising effort, hosted by Pittsburgh Magazine and local sponsors.

Celebrations for all...

December is a month of celebrations and we celebrate YOU, our library patrons, and the kindness and support you show us all year. May you find joy with your family and friends and in celebrating your traditions.

May we learn from each other and celebrate our diversity and our similarities. May we work towards peace and understanding.

The Board, Staff and Volunteers of the Shaler North Hills Library

December 21: Winter Solstice
December 22-30 Hanukkah
December 25: Christmas
December 26-January 1: Kwanzaa

Soup Cook-Off Fundraiser
Saturday, February 29 from 1:00-4:00pm

Calling all soup chefs! Will you be crowned the soup cook-off winner? Find out during this special fundraiser for the library.

$10 to enter your winning soup.
$10 a ticket to taste several soups. Vote for your favorite, and more!

Please contact Sharon McRae mcraes@einetwork.net.
Community News

Glenshaw Public Library's
Cookies and Cocoa with Santa Fundraiser
12/14/19 at 10:30am

Visit their website for more info
www.glenshawpubliclibrary.org

Hope smiles from the threshold of the year to come, whispering, 'It will be happier.' —Alfred Lord Tennyson

I MADE IT! MARKET
for the holidays
DEC. 14TH
AT THE BLOCK NORTHWAY
SHOP HANDMADE FOR THE SEASON!
www.imadeitmarket.com

Free showing of How The Grinch Stole Christmas at the Shaler Area Elementary School on Saturday, December 14 at 1:30pm.

Register on the Shaler Township website.

AARP Smart Driving Courses (REG-REQ) $
The library partners with AARP to offer driving courses. Please note there are two courses offered: a two-day Smart Driver course and a Refresher course. You MUST have taken the two-day course in the last three years to register for a Refresher. If you are not sure when you took the class last, call your car insurance company. Most companies offer a discount on your insurance for completion.

SCHEDULE
Smart Driver Refresher Course
Friday, February 7
2:00-6:00pm

Smart Driver Introductory Course
Tuesday & Thursday, February 25 & 27
(Must attend BOTH!)
2:00-6:00pm

REGISTRATION
You must register in advance. Call the Library at 412-486-0211.

PAYMENT
AARP Members: $15  Non-members: $20
You will pay the instructor when you come for the class.

REcollection Studio at CLP
Preserve your family memories at Carnegie Library of Pittsburgh’s REcollection Studio. Learn to transfer your personal photographs, audio cassette tapes, slides, documents, negatives and other materials into digital formats in this DIY digitization lab. The dedicated space on the 3rd floor of CLP - Main in Oakland is free, available by appointment and offers step-by-step and personal instruction.

Link HERE or visit their website for more info.
Call 412-622-3114 to make an appointment.
**BOOK GROUPS**

These groups are open to all! No registration necessary. Come make new friends!

**Monday Night Book Group**
*Second Monday, 6:30pm*
December 9—*Seven Days of Us* by Francesca Hornak
January 13—*There There* by Tommy Orange

**Lively Lunch Book Group**
*Fourth Wednesday, 12:30pm*
December 18 (Note date)—Christmas Lore & Legend Books
January 22—*The Library Book* by Susan Orlean

**Fantasy Book Group**
*First Wednesday, 1:00pm*
December 4—*Bands of Mourning* by Brandon Sanderson
January 8 (note date)—*10,000 Doors of January* by Alix Harrow.

**Food for Thought Book Group**
*Third Wednesday, 6:30pm*
December 18—No Meeting
January 15—Fiction in the Kitchen

**Afternoon Mystery Book Group**
*Third Thursday, 2:30pm*
December 19—*The Silent Patient* by Alex Michaelides
January 16—*Something in the Water* by Catherine Steadman

**COMMUNITY-LED BOOK GROUPS**

**Eckhart Tolle Discussion & Meditation Group**
facilitated by Ken Herbold
*Wednesdays, 10:00am to 12:00pm*
New members are welcome as we discuss and meditate on Eckhart Tolle’s works.

**Readings in Alternative Everything**
facilitated by Richard Kajuth, Eds, PhD
*Second Wednesday, 6:15pm*
New book: *The Gentle Art of Blessing: a simple practice that will transform you and your world* by Pierre Pradervand

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**CREATIVE & SOCIAL GROUPS**

What’s Your Story?
*Second and Fourth Monday, 12:30pm to 2:30pm*
Do you have some heart-felt stories from your life you’d like to write about and share with others? Come as often as you are able.

**SNHL Card Club**
*First and Third Tuesday, 5:30pm to 8:30pm*
*Second and Fourth Tuesday, 1:00pm to 4:00pm*
If you like to play card games with adults please come and meet new friends, hone your card-playing skills, and learn new card games.

**Needles and Hooks by the Books!**
*Every Wednesday, 2:00pm*
Bring your knitting or crochet projects and join us for an hour together at the library. Meets downstairs in the Large Print Room. Drop in the first Wednesday of the month for a free learning session!

**Rummikub Game Night for Adults**
*First Thursday, 6:30pm*
Group plays Rummikub. Bring a friend and a snack to share. Open to all.

**Open Game Night for Adults**
*First Thursday, 6:30pm*
Group plays a variety of games. Bring a friend, games, and a snack to share.

**SNHL Quilt Group**
*Every Friday, 12:00pm*
Hang out with other quilters, share ideas and have a great time!

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**PROGRAM REMINDER!**

All Library programs are open to new members. Programs are free unless otherwise noted. Please register if you plan to attend as this helps us with our arrangements. For programs that require registration, please register online or call the library at 412-486-0211.

- (REG): Registration is requested
- (REG-REQ): Registration is required
- ($): Programs with a fee

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**Mini-golf in the Library returns**
*February 15-17!*
Adopt a mini-golf hole! Pick a theme and decorate a mini golf hole in the book stacks. Past themes have included Harry Potter, Wizard of Oz, the Beatles, Apollo 11. This is a great opportunity for families to spend some quality time and have a lot of fun, or for a community organization/business to promote their services. Please contact Sharon McRae mcraes@einetwork.net if you are interested!

**Sign up to know more about Adult Programs!**

Want to be in the ‘know’ for our programs and events? Sign up for our email newsletter on our website. Go to the right-hand column, give us your name and email and confirm. You’ll be notified about once a month of the interesting things going on at SNHL! (We don’t use your email for any other purpose and don’t share it.)