

Check it out!

Shaler North Hills Library March 2019

shalerbrary.org 412-486-0211

Library Hours

Monday* 10-8
 Tuesday 10-9
 Wednesday 10-8
 Thursday 10-9
 Friday* 10-6
 Saturday 10-5
 Sunday 1-5

*Extended Hours for Adults

Mondays and Fridays the Adult section of the Library opens at 8:30am. Children's opens at 10:00am.

Closures

None

Meetings

SNHL Board
 March 13, 7:30pm
SNHL Friends
 March 18, 6:30pm

First day of spring is March 20th!

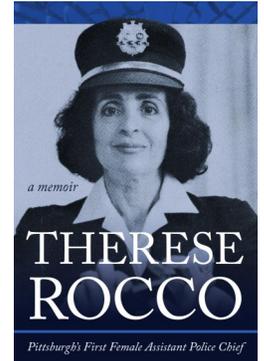


1822 Mt. Royal Blvd
 Glenshaw PA 15116
 412-486-0211
 shalerlibrary.org

Meet the First Female Assistant Police Chief in the Pittsburgh Police Department (REG)

Wednesday, March 13, 1:00pm

Therese Rocco began her career in law enforcement as a 19-year old clerk in the missing persons unit of the Pittsburgh Police Department. She became the first female in the Department to reach the high-ranking position of Assistant Police Chief and is the first woman in the country to reach this level. Therese is credited with establishing national protocols for investigating missing children cases. Therese is credited with breaking the glass ceiling for women on the police force in Pittsburgh, navigating her way through discriminating times in a male-dominated field. Join Therese as she discusses her career, her investigative ability, her memoir and her new documentary.



Free & open to the public.
Refreshments! Please register!

Books will be available for purchase and signing. \$20/cash only.

Let's Talk Local History! Trolley Trails Through the North Hills

Monday, March 25, 6:30pm
Elfinwild Presbyterian Church

Ever wonder what traveling was like before the automobile? Join Bill Fronczek, President Emeritus of the Pennsylvania Trolley Museum, as he describes trolley travel in the first part of the 20th Century over the rails of the Harmony Route and Butler Short Line. *Read more on page 3!*

Take a Chance to Make a



We're raffling off not one but TWO \$100 certificates good towards a Crawford Pool Family Pass!
Raffle tickets are \$1/each or 6 for \$5
Winner will be drawn Friday, April 12
Pool opens Saturday, May 25

Inside....

- Pierogis! Fresh or Frozen—p. 2**
- Learn About: Investing, Clutter/Hoarding, & Selling Your Stuff—p. 3**
- Get in Tune With Nature Series Returns—p. 4**
- Hot Topics: Legal Advice in Plain Language—p. 4**
- Succulent Garden Workshop & Botanic Drawing Classes—p. 5**
- Illustrated Wisdom Workshop for Adults—p. 5**
- NEA Big Read Carnival Party!—p. 6**

Health & Wellness

Please note: Exercise classes require registration and signed waivers.

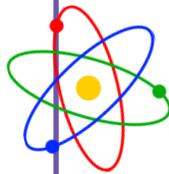
Exercise Class for All Levels with John Uddstrom Every Monday and Friday morning \$ 8:45am to 9:45am

Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Cash or check. Drop-ins allowed. Must sign-in and pay at the circulation desk. Fees are payable to Shaler North Hills Library.

March is Women's History Month

Geek out by reading about these female scientists and how they shaped our world—

- ◆ *Rise of the Rocket Girls: the Women who Propelled us, From Missiles to the Moon to Mars* by Nathalia Holt
- ◆ *Lab Girl* by Hope Jahren
- ◆ *Spineless: the Science of Jellyfish and the Art of Growing a Backbone* by Juli Berwald
- ◆ *Sleeping Giants* by Sylvain Neuvel
- ◆ *Chrysalis: Maria Sibylla Merian and the Secrets of Metamorphosis* by Kim Todd
- ◆ *In the Shadow of Man* by Jane Goodall
- ◆ *Headstrong : 52 Women Who Changed Science--and the World* by Rachel Swaby



SNHL Friends & FUNdraising

Looking for ways to show your love for your library? Here are just a few ideas!

“FRIEND” Us!

The Friends of the Shaler North Hills Library actively work to make SNHL a better place. They annually donate over \$20,000 through fundraisers, membership dues and raffles. ALL funds go towards library programming and the purchase of special items the library could not otherwise afford. Membership is only \$15.00 for individuals. The membership form is available on the Library website or at the “Friends” board by the elevator.



Memorial or Honor Books

You can make a donation in honor of someone—celebrate a birthday, an anniversary, or a special occasion. You can make a donation in memory of a lost loved one. A special plate will be placed inside the book(s) purchased in recognition. Pick up a form in the library.

Shopping!

Select Shaler North Hills Library through Amazon Smile or at any Mihelic's Shop n' Save stores and the library will receive a partial payback.



Come get dinner on Fridays or place your order now to stock up in the freezer! Either way you'll get great, fresh pierogis and partial proceeds will benefit the Library.

PITTSBURGH PIEROGI TRUCK VISITS ON: Fridays, March 8 through April 19, 12:00 p.m. to 6:00 p.m.

Pierogi, Stuffed Cabbage, Haluski! Hot and Ready to Eat!

FROZEN PIEROGI ORDERS: 9 varieties of home-made deep-frozen pierogi, \$9.00/dozen

ORDER: February 4 - April 1, Cash or check only - payment with order

PICK-UP: Thursday, April 11, 12:00pm to 8:00pm

** (You MUST be available to pick up on Thursday as the Library does not have freezer storage!)**

Thank you for your support and to the Pittsburgh Pierogi Truck for their generosity!

Programs

Let's Talk Local History! Trolley Trails Through the North Hills (REG-REQ)

Monday, March 25, 6:30pm

Elfinwild Presbyterian Church

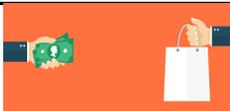
These electric railways provided fast and efficient freight and passenger service between Pittsburgh and Butler in the days of dirt roads and horse and buggies. Scott Becker, Executive Director of the Pennsylvania Trolley Museum, will describe the relocation and restoration of the Harmony Route's Wexford Station, formerly the Wexford Post Office Deli. This building has



been restored back to a trolley station and contains many interesting exhibits. The Pennsylvania Trolley Museum is located in Washington, PA off Exit 41 of I-79. It is open weekends beginning in April and has many special events. Go to www.patrolley.org for more information.

Registration is required! Please sign up on the library website or call us at 412-486-0211.

How to Sell Your Stuff! (REG) Thursday, March 7, 1:30-2:30pm



Thinking about moving or downsizing but not sure what to do with all of your stuff? Are you new to selling on-line? This great introductory workshop will give you some useful tips to get started! The workshop will cover:

Deciding what to sell; How to price your stuff; Where to sell your stuff; How to write a listing that sells.

Guest Speaker: Roxann Tyger, MPA, CRTS, Life Transitions, LLC; lifetransitions.net



National Money Week: Intro to Investing

Tuesday, April 9, 6:30pm (REG)

BetterInvesting is a national nonprofit organization made up of local investors who educate members and the public about investing through stocks and identifying high growth companies. You will learn what Wall Street is, what the Stock Market is, and how to select stocks that meet your needs and help you gain a return on your investment.

(The information in this presentation is for educational purposes only and is not intended to be a recommendation to purchase or sell any of the stocks, mutual funds, or other securities that may be referenced.)

Got Clutter? But It's Beyond Your Control? Thursday, April 11, 1:30pm (REG)

Based on the hit show Hoarders on A&E, this presentation takes a deeper look into hoarding. Any person who is unwilling to get rid of their items, even trash, might suffer from hoarding disorder. When



the basic functions of a home like the kitchen, bathroom and beds can no longer be used for their intended purpose, the individual must seek help.

The biohazard portion of the presentation provides an in-depth look at the dangers of cleaning up rodent droppings, needle cleanup, animal and human waste, superbugs and more.

Presented by:

Steri-Clean Pittsburgh; Locally owned by Marc and Rachel Cline; Serving Western Pennsylvania and Eastern Ohio



Programs

Get in Tune with Nature Series Returns! (REG-REQ)

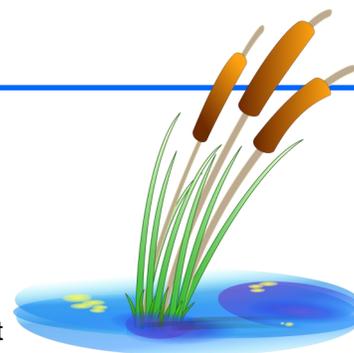
Our popular series of workshops returns with our trainee Master Naturalists helping us learn about the natural world around us.

Waters in the Earth

March 19: 2:00-3:30pm or 6:30-8:00pm

Wetlands are waterways. How does water interact with the land? In this hands-on workshop we will examine how the flow of water shapes the land and why it's important to preserve our waterways. We will also examine the types and importance of wetlands like swamps, bogs, fens, etc.

Coming up... April 16: Birds
May 21: Backyard Biology/Photo Journaling



Presenters Pat Milliken and Gil Pielin are retired high school teachers. Pat has taught for 32 years, including many courses in Biology and Environmental Science. She also does nature photography. Gil Pielin taught for 41 years including classes on biology, anatomy, physiology, chemistry, math, and environmental science. He was selected Environmental Teacher of the year in 2007.

These programs are FREE but you MUST register. Space is limited. Geared for adults. You must be 14 years of age to participate. (You may register for one, two or all three. No requirement to attend all.)

You can learn about the Master Naturalist program here: <https://pamasternaturalist.org>



HOT TOPICS

LEGAL ISSUES IN PLAIN LANGUAGE



Mark your calendar for this series of helpful legal seminars, presented by Carolyn Spicer Russ, Attorney at Law, Olds Russ Marquette & Peace, LLC (REG)

Estate Planning for Complicated Family Situations March 5, 1:30-2:30pm

Do you have stepchildren, an ex-spouse, or a big age difference with your new spouse? Have you been living with your partner for years but never tied the knot? If you don't have a will, the law will dictate how your assets are distributed, leaving surprised, unhappy heirs. Learn what pitfalls to avoid by having a properly drafted will or trust.

Estate Planning for Elder Orphans Tuesday, April 2 at 1:30pm

A surprising number of people in our area have no close relatives or friends who are still living. What do you do about appointing decision makers? What should you consider as you assess your situation and needs? We will discuss various solutions and approaches.

Estate Planning for Parents of Young Children Tuesday, May 7 at 6:30pm

Estate planning for parents of young children is like life insurance—you sure don't want to need it, but if you don't have it, the consequences can be dire. Learn what documents you need to have and what to think about when you choose a guardian or decision maker.

Register online or by calling the library at 412-486-0211.

Two Great Movies at your Library!

Join us for movie viewing and popcorn. No registration required. Bring your friends!

Books to Film:

The Sisters Brothers Sunday, March 10, 2:00pm

Starring Joaquin Phoenix and John C. Reilly as brothers and assassins on a journey through the Northwest.



Missed it at the Movies?

The Bookshop Tuesday, March 19, 1:30pm

England, 1959. Free-spirited widow Florence Green (Emily Mortimer) risks everything to open a bookshop in a conservative East Anglian coastal town. As obstacles surmount, she is forced to ask: is there a place for a bookshop in a town that may not want one? Starring Emily Mortimer, Patricia Clarkson, and Bill Nighy.



Programs

Creative Succulent Garden Workshop

Our popular workshop returns this spring. Don't delay in registering—it sold out last year! (REG-REQ)



Come join us this evening to create your own succulent container garden. A great night out with friends or family! Make a garden to keep or give as a gift. Members of the Shaler Garden Club will provide succulents, soil, containers, and instruction.

**Friday, March 15
7:00pm to 9:00pm**

- * BYOB and snacks
- * COST: \$20.00
(cash or check or PayPal on Library website)
- * Limited to 20 participants

Payment due upon registration.
(No refunds once supplies are purchased.)

Signs of Spring! A Six-Session Botanical Drawing Class at SNHL for Adults (REG-REQ)

In this class you will learn to capture several signs of spring such as pussy willows, snowdrops and tulips in colored pencil. No experience is necessary, just a willingness to try! Students will be sent a suggested supply list upon enrolling. All paper will be provided.

Robin Menard is a core botanical illustration certificate instructor at Phipps Conservatory and an American Society of Botanical Artists and Allegheny Highlands Botanical Art Society member. Robin is also a communications, marketing and graphic design professional.



**Cost: \$50.00 for 6 sessions
Tuesdays, March 19 through April 23
6:30-8:30pm**

Limit: 15 people

Please register at the library.
Payment due upon registration.
Cash, check or library PayPal.

Illustrated Wisdom: An Experience for Adults (REG)

Develop a process for stepping away from life's hustle and bustle. Connect with deepest wisdom while clarifying what brings joy and satisfaction. Along the way...

- Create peaceful and inspiring spaces
- Picture life lived to the fullest
- See your greatest potential



Presented by Sandra Gould Ford, accomplished author, artist and educator.

Friday, March 15, 2:00-4:00pm

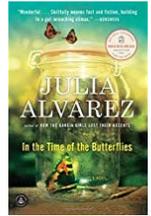
This program is FREE! Please register online or call the library.

Funding for Sandra Gould Ford's Illustrated Wisdom Project was provided by the Advancing Black Arts in Pittsburgh Program, a partnership of The Pittsburgh Foundation and The Heinz Endowments.

Arts & Culture



NEA Big Read! Carnaval Wrap-Up Party and Play *In the Time of the Butterflies* by Julia Alvarez



Join us for *Carnaval!*, our Wrap-Up celebration for the 2019 Book for the “Big Read”, *In the Time of the Butterflies*. We'll be celebrating on **Saturday, March 2, 11:30am**. Come enjoy the customs and culture of the Dominican Republic at our party.

Aaannnnddd....

FIELD TRIP! Join us to see the **PLAY** by Caridad Svich based on the novel by Julia Alvarez on **Sunday, March 17 at 2:00pm!** (Please note date change from previous published issue!) We'll meet at the theatre and see the show together. Prime Stage Theatre, March 8-17, 2019
Read more here: <https://primestage.com/events/butterflies/>





Happy Purim! Purim is a holiday that is celebrated every year to commemorate the salvation of the Jewish people in ancient Persia. Purim begins at sunset on Wednesday, March 20, and ends at sundown on Thursday, March 21.

Making Music Together Chamber Music Group



Seeking fellow adult musicians to perform chamber music written for small groups of musicians such as duets, trios, quartets, quintets.

- Meeting next on:
- **Sunday, March 17, 1:00 to 3:00 pm**
 - **Sunday, April 7, 1:00 to 3:00pm**

If you are interested in chamber music or giving it a try, please contact Anthony Giampolo at ChamberMusic@Musician.org with your name, email address and/or phone number, and the instrument(s) you play.

Art & Inspiration International



Join us each Thursday evening at 7:00pm for a gathering of creative minds and hearts. From sharing works to special guests, performances to presentations, there's something interesting each week. Drop by any Thursday. No registration required. Free & open to the public. *Poetry Workshop meets the first Thursday of the month.*

Upcoming Special Guests

Gail Longstroth, Thursday, March 28
Expect to move and be moved as international poet, performer, eurythmist **gail longstroth** shares her new film *ToR-RoT* and reflects on inner necessity as experience through the creative path.



Donnie Day Pomeroy, Thursday, April 11
Art and Inspiration welcomes painter and fiber artist, Donnie Day Pomeroy, to discuss her latest installation, *Journey to Kelmikan*, which features a 7-foot Spirit Doll. Pomeroy has participated in *Knit the Bridge*, *Art Advocacy Speaks*, *The Repository Exhibition*, and has managed the gallery at *Spinning Plate*.

ART CLASSES

Open to the public. Fees for supplies.

Acrylic Painting with Scott Bryte
Wednesdays at 2:00pm \$
Contact Scott Bryte via the Library.

Open Watercolors Class
Thursdays at 10:00am to 12:00pm \$
Contact Maggie Wood via the Library.

Art Gallery & Display Cases

In our Art Gallery:
Illustrated Wisdom Art

In our Display Cases:
Cherry City 100th Anniversary

Save the Dates! GIANT Used Book Sale!

PREVIEW NIGHT FOR FRIENDS OF THE LIBRARY!

Friday, April 26, 6:30pm to 8:30pm

Join the Friends of SNHL for only \$15 and get first pick of the sale items! An evening of refreshments & music.

Saturday, April 27, 10:00am to 5:00pm

Includes Bake Sale!

Sunday, April 28, 10:00am to 4:30pm

Bag Sale for only \$5.00!

We'll provide the bag. You fill it! Books ONLY!

(Note: The Library does not open until 1:00pm for regular use.)

Cash or Check Only.

Want to volunteer? Ask for a form!

Gerrymandering 101

Tuesday, March 5, 1:30-3:00pm

Joe McLaughlin of Fair Districts PA will provide fundamental information about gerrymandering. The presentation also includes information about legislator and community outreach and how individuals can take action to increase awareness for redistricting reform.

Space is limited. Please RSVP to:
fdpa.allegHENYNORTH@gmail.com

Shaler Area High School presents...



Performances:

March 1, 2, 8, & 9 at 7:00pm

March 3 at 2:00pm

Purchase tickets online at:

www.showclix.com/event/sahs-2019-musical

or contact the school 412-492-1200 x 1530.

Community News

Please mark your calendars for...

Shaler Area Holocaust Remembrance Event

March 28th at the Shaler Area High School

Holocaust survivors, presenters, traveling museum exhibits, children's activities and more. The event is free and open to the entire community.

Tickets are on sale for NHCO's Neighborhood Block Party featuring No Bad JuJu

No Bad JuJu, one of the Pittsburgh region's hottest bands, will perform at North Hills Community Outreach's Neighborhood Block Party **Sunday, March 24** in The Chadwick in McCandless (Wexford). The event is 4:30-8pm. The whole family is welcome at this all-ages event, which includes food stations, live music, princess and superhero characters, games, kids' activities, a silent auction, kid's auction and more. Tickets are all-inclusive. Early bird tickets through March 3 are \$30 for adults, \$14 for children. Tickets March 4 through 20 are \$33 and \$15. Proceeds support NHCO's many programs that help local families in need. Purchase tickets online at <https://nhco.org/neighborhood-block-party/> or by calling Cheryl at 412-487-6316 opt 1.

AARP Smart Driving Courses (REG-REQ) \$

The library partners with AARP to offer driving courses. Please note there are two courses offered: a two-day Smart Driver course and a Refresher course. You MUST have taken the two-day course in the last three years to register for a Refresher. If you are not sure when you took the class last, call your car insurance company. Most companies offer a discount on your insurance for completion.

SCHEDULE

Smart Driver Refresher Course

Friday, March 22, 2:00-6:00pm

Smart Driver Introductory Course

Returns in June

REGISTRATION

You must register in advance. Call the Library at 412-486-0211.

PAYMENT

AARP Members: \$15 Non-members: \$20

You will pay the instructor when you come for the class.

BOOK GROUPS

These groups are open to all! No registration necessary. Come make new friends!

Monday Night Book Group**Second Monday, 6:30pm**

March 11—*The Woman in the Window* by A.J. Finn
 April 8—*Robin* by Dave Itzkoff

Lively Lunch Book Group**Fourth Wednesday, 12:00pm**

DATE CHANGE! March 20—*Therese Rocco: Pittsburgh's First Female Assistant Police Chief*
 April 24—*Wesley the Owl: The Remarkable Love Story of an Owl and His Girl* by Stacey O'Brien

Fantasy Book Group**First Wednesday, 1:00pm**

March 6—*A Darker Shade of Magic* by Victoria Schwab
 April 3—*East* by Edith Pattou

Food for Thought Book Group**Third Wednesday, 6:30pm**

March 20—*It's Good to be Green*
 April 17—*EGG-straordinary!*

Afternoon Mystery Book Group**Third Thursday, 2:30pm**

DATE CHANGE! March 14—*Rescued* by David Rosenfelt
 April 18—*The Blues Walked In* by Kathleen George

COMMUNITY-LED BOOK GROUPS

A New Earth: Awakening to Your Life's Purpose
 facilitated by Ken Herbold

Wednesdays, 10:00am to 12:00pm

New members are welcome as we discuss and meditate on Eckhart Tolle's works.

Readings in Alternative Everything

facilitated by Richard Kajuth, Eds, PhD

Second Wednesday, 6:15pm

February—*The Spiritual Life* by Annie Besant
 New members always welcome!

CREATIVE & SOCIAL GROUPS**What's Your Story?****Second and Fourth Monday, 12:30pm to 2:30pm**

Do you have some heart-felt stories from your life you'd like to write about and share with others? Come as often as you are able.

SNHL Card Club**First and Third Tuesday, 5:30pm to 8:30pm****Second and Fourth Tuesday, 1:00pm to 4:00pm**

If you like to play card games with adults please come and meet new friends, hone your card-playing skills, and learn new card games.

Needles and Hooks by the Books!**Every Wednesday, 2:00pm**

Bring your knitting or crochet projects and join us for an hour together at the library. Meets downstairs in the Large Print Room. Drop in the first Wednesday of the month for a free learning session!

Rummikub Game Night for Adults**First Thursday, 6:30pm**

Bring a friend and a snack to share.

SNHL Quilt Group**Every Friday, 12:00pm**

Hang out with other quilters, share ideas and have a great time!

FILM PROGRAM**Missed it at the Movies?****Third Tuesday, 1:30pm**

March 19—*The Bookshop*

April 16—*Bohemian Rhapsody*

May 21—*On the Basis of Sex*

Bridge Closure Reminder!

The Department of Public Works announced that the Rachel Carson (Ninth Street) Bridge in the City of Pittsburgh will close to vehicle and pedestrian traffic beginning at 6 a.m. on Monday, February 11, 2019. The closure, which is expected to last through summer 2020, is required for a \$23.3 million rehabilitation project.

PROGRAM REMINDER!

All Library programs are open to new members. Programs are free unless otherwise noted. **Please register if you plan to attend** as this helps us with our arrangements. For programs that require registration, please register online or call the library at 412-486-0211.

- (REG) : Registration is requested
- (REG-REQ): Registration is required
- (\$): Programs with a fee

Sign up to know more about Adult Programs!

Want to be in the 'know' for our programs and events? Sign up for our email newsletter on our website. Go to the right-hand column, give us your name and email and confirm. You'll be notified about once a month of the interesting things going on at SNHL! (We don't use your email for any other purpose and don't share it.)