Meet the First Female Assistant Police Chief in the Pittsburgh Police Department (REG)

Wednesday, March 13, 1:00pm

Therese Rocco began her career in law enforcement as a 19-year old clerk in the missing persons unit of the Pittsburgh Police Department. She became the first female in the Department to reach the high-ranking position of Assistant Police Chief and is the first woman in the country to reach this level. Therese is credited with establishing national protocols for investigating missing children cases. Therese is credited with breaking the glass ceiling for women on the police force in Pittsburgh, navigating her way through discriminating times in a male-dominated field. Join Therese as she discusses her career, her investigative ability, her memoir and her new documentary.

Books will be available for purchase and signing. $20/cash only.

Let’s Talk Local History! Trolley Trails Through the North Hills

Monday, March 25, 6:30pm
Elfinwild Presbyterian Church

Ever wonder what traveling was like before the automobile? Join Bill Fronczek, President Emeritus of the Pennsylvania Trolley Museum, as he describes trolley travel in the first part of the 20th Century over the rails of the Harmony Route and Butler Short Line. Read more on page 3!

Take a Chance to Make a Splash!

We’re raffling off not one but TWO $100 certificates good towards a Crawford Pool Family Pass! Raffle tickets are $1/each or 6 for $5
Winner will be drawn Friday, April 12
Pool opens Saturday, May 25

First day of spring is March 20th!
Health & Wellness

Please note: Exercise classes require registration and signed waivers.

Exercise Class for All Levels with John Uddstrom
Every Monday and Friday morning $8:45am to 9:45am
Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is $2.00 per class, $10.00 per month or $100.00 for the entire year. Cash or check. Drop-ins allowed. Must sign-in and pay at the circulation desk. Fees are payable to Shaler North Hills Library.

March is Women’s History Month
Geek out by reading about these female scientists and how they shaped our world—
◆ Rise of the Rocket Girls: the Women who Pro-\npeled us, From Missiles to the Moon to Mars by Nathalia Holt
◆ Lab Girl by Hope Jahren
◆ Spineless: the Science of Jellyfish and the Art of Growing a Backbone by Juli Berwald
◆ Sleeping Giants by Sylvain Neuvel
◆ Chrysalis: Maria Sibylla Merian and the Secrets of Metamorphosis by Kim Todd
◆ In the Shadow of Man by Jane Goodall
◆ Headstrong: 52 Women Who Changed Science—and the World by Rachel Swaby

SNHL Friends & FUNdraising
Looking for ways to show your love for your library? Here are just a few ideas!

“FRIEND” Us!
The Friends of the Shaler North Hills Library actively work to make SNHL a better place. They annually donate over $20,000 through fundraisers, membership dues and raffles. ALL funds go towards library programming and the purchase of special items the library could not otherwise afford. Membership is only $15.00 for individuals. The membership form is available on the Library website or at the “Friends” board by the elevator.

Memorial or Honor Books
You can make a donation in honor of someone—celebrate a birthday, an anniversary, or a special occasion. You can make a donation in memory of a lost loved one. A special plate will be placed inside the book(s) purchased in recognition. Pick up a form in the library.

Shopping!
Select Shaler North Hills Library through Amazon Smile or at any Mihelic’s Shop n’ Save stores and the library will receive a partial payback.

Come get dinner on Fridays or place your order now to stock up in the freezer! Either way you’ll get great, fresh pierogis and partial proceeds will benefit the Library.

PITTSBURGH PIEROGI TRUCK VISITS ON: Fridays, March 8 through April 19, 12:00 p.m. to 6:00 p.m.
Pierogi, Stuffed Cabbage, Haluski! Hot and Ready to Eat!
FROZEN PIEROGI ORDERS: 9 varieties of home-made deep-frozen pierogi, $9.00/dozen
ORDER: February 4 - April 1, Cash or check only - payment with order
PICK-UP: Thursday, April 11, 12:00pm to 8:00pm
**(You MUST be available to pick up on Thursday as the Library does not have freezer storage!)**

Thank you for your support and to the Pittsburgh Pierogi Truck for their generosity!
Programs

Let’s Talk Local History! Trolley Trails Through the North Hills (REG-REQ)
Monday, March 25, 6:30pm
Elfinwild Presbyterian Church
These electric railways provided fast and efficient freight and passenger service between Pittsburgh and Butler in the days of dirt roads and horse and buggies. Scott Becker, Executive Director of the Pennsylvania Trolley Museum, will describe the relocation and restoration of the Harmony Route's Wexford Station, formerly the Wexford Post Office Deli. This building has been restored back to a trolley station and contains many interesting exhibits. The Pennsylvania Trolley Museum is located in Washington, PA off Exit 41 of I-79. It is open weekends beginning in April and has many special events. Go to www.patrolley.org for more information.

Registration is required! Please sign up on the library website or call us at 412-486-0211.

How to Sell Your Stuff! (REG)
Thursday, March 7, 1:30-2:30pm
Thinking about moving or downsizing but not sure what to do with all of your stuff? Are you new to selling on-line? This great introductory workshop will give you some useful tips to get started! The workshop will cover:
Deciding what to sell; How to price your stuff; Where to sell your stuff; How to write a listing that sells.
Guest Speaker: Roxann Tyger, MPA, CRTS, Life Transitions, LLC; lifetransitions.net

Got Clutter?
But It’s Beyond Your Control?
Thursday, April 11, 1:30pm (REG)

Based on the hit show Hoarders on A&E, this presentation takes a deeper look into hoarding. Any person who is unwilling to get rid of their items, even trash, might suffer from hoarding disorder. When the basic functions of a home like the kitchen, bathroom and beds can no longer be used for their intended purpose, the individual must seek help.

The biohazard portion of the presentation provides an in-depth look at the dangers of cleaning up rodent droppings, needle cleanup, animal and human waste, superbugs and more.

Presented by:
Steri-Clean Pittsburgh; Locally owned by Marc and Rachel Cline; Serving Western Pennsylvania and Eastern Ohio

National Money Week: Intro to Investing
Tuesday, April 9, 6:30pm (REG)
BetterInvesting is a national nonprofit organization made up of local investors who educate members and the public about investing through stocks and identifying high growth companies. You will learn what Wall Street is, what the Stock Market is, and how to select stocks that meet your needs and help you gain a return on your investment.

(The information in this presentation is for educational purposes only and is not intended to be a recommendation to purchase or sell any of the stocks, mutual funds, or other securities that may be referenced.)
Programs

Get in Tune with Nature Series Returns! (REG-REQ)
Our popular series of workshops returns with our trainee Master Naturalists helping us learn about the natural world around us.

Waters in the Earth
March 19: 2:00-3:30pm or 6:30-8:00pm
Wetlands are waterways. How does water interact with the land? In this hands-on workshop we will examine how the flow of water shapes the land and why it’s important to preserve our waterways. We will also examine the types and importance of wetlands like swamps, bogs, fens, etc.

Coming up…
April 16: Birds
May 21: Backyard Biology/Photo Journaling

Presenters Pat Milliken and Gil Pielin are retired high school teachers. Pat has taught for 32 years, including many courses in Biology and Environmental Science. She also does nature photography. Gil Pielin taught for 41 years including classes on biology, anatomy, physiology, chemistry, math, and environmental science. He was selected Environmental Teacher of the year in 2007.

These programs are FREE but you MUST register. Space is limited. Geared for adults. You must be 14 years of age to participate. (You may register for one, two or all three. No requirement to attend all.)
You can learn about the Master Naturalist program here: https://pamasternaturalist.org

Mark your calendar for this series of helpful legal seminars, presented by Carolyn Spicer Russ, Attorney at Law, Olds Russ Marquette & Peace, LLC (REG)

Estate Planning for Complicated Family Situations
March 5, 1:30-2:30pm
Do you have stepchildren, an ex-spouse, or a big age difference with your new spouse? Have you been living with your partner for years but never tied the knot? If you don’t have a will, the law will dictate how your assets are distributed, leaving surprised, unhappy heirs. Learn what pitfalls to avoid by having a properly drafted will or trust.

Estate Planning for Elder Orphans
Tuesday, April 2 at 1:30pm
A surprising number of people in our area have no close relatives or friends who are still living. What do you do about appointing decision makers? What should you consider as you assess your situation and needs? We will discuss various solutions and approaches.

Estate Planning for Parents of Young Children
Tuesday, May 7 at 6:30pm
Estate planning for parents of young children is like life insurance—you sure don’t want to need it, but if you don’t have it, the consequences can be dire. Learn what documents you need to have and what to think about when you choose a guardian or decision maker.

Register online or by calling the library at 412-486-0211.

Two Great Movies at your Library!
Join us for movie viewing and popcorn. No registration required. Bring your friends!

Books to Film:
The Sisters Brothers
Sunday, March 10, 2:00pm
Starring Joaquin Phoenix and John C. Reilly as brothers and assassins on a journey through the Northwest.

Missed it at the Movies?
The Bookshop
Tuesday, March 19, 1:30pm
England, 1959. Free-spirited widow Florence Green (Emily Mortimer) risks everything to open a bookshop in a conservative East Anglian coastal town. As obstacles surmount, she is forced to ask: is there a place for a bookshop in a town that may not want one? Starring Emily Mortimer, Patricia Clarkson, and Bill Nighy.
Programs

Creative Succulent Garden Workshop
Our popular workshop returns this spring. Don’t delay in registering—it sold out last year! (REG-REQ)

Come join us this evening to create your own succulent container garden. A great night out with friends or family! Make a garden to keep or give as a gift. Members of the Shaler Garden Club will provide succulents, soil, containers, and instruction.

Friday, March 15
7:00pm to 9:00pm

* BYOB and snacks
* COST: $20.00
  (cash or check or PayPal on Library website)
* Limited to 20 participants
  Payment due upon registration.
  (No refunds once supplies are purchased.)

Illustrated Wisdom: An Experience for Adults (REG-REQ)
Develop a process for stepping away from life’s hustle and bustle. Connect with deepest wisdom while clarifying what brings joy and satisfaction. Along the way...

- Create peaceful and inspiring spaces
- Picture life lived to the fullest
- See your greatest potential

Presented by Sandra Gould Ford, accomplished author, artist and educator.
Friday, March 15, 2:00-4:00pm
This program is FREE! Please register online or call the library.

Funding for Sandra Gould Ford’s Illustrated Wisdom Project was provided by the Advancing Black Arts in Pittsburgh Program, a partnership of The Pittsburgh Foundation and The Heinz Endowments.

Signs of Spring! A Six-Session Botanical Drawing Class at SNHL for Adults (REG-REQ)
In this class you will learn to capture several signs of spring such as pussy willows, snowdrops and tulips in colored pencil. No experience is necessary, just a willingness to try! Students will be sent a suggested supply list upon enrolling. All paper will be provided.

Robin Menard is a core botanical illustration certificate instructor at Phipps Conservatory and an American Society of Botanical Artists and Allegheny Highlands Botanical Art Society member. Robin is also a communications, marketing and graphic design professional.

Cost: $50.00 for 6 sessions
Tuesdays, March 19 through April 23
6:30-8:30pm
Limit: 15 people
Please register at the library.
Payment due upon registration.
Cash, check or library PayPal.
Arts & Culture

NEA Big Read! Carnaval Wrap-Up Party and Play
*In the Time of the Butterflies* by Julia Alvarez

Join us for *Carnaval*, our Wrap-Up celebration for the 2019 Book for the “Big Read”, *In the Time of the Butterflies*. We’ll be celebrating on Saturday, March 2, 11:30am. Come enjoy the customs and culture of the Dominican Republic at our party.

Aaannnnnddd….

FIELD TRIP! Join us to see the PLAY by Caridad Svich based on the novel by Julia Alvarez on Sunday, March 17 at 2:00pm! (Please note date change from previous published issue!) We’ll meet at the theatre and see the show together.
Prime Stage Theatre, March 8-17, 2019
Read more here: [https://primestage.com/events/butterflies/](https://primestage.com/events/butterflies/)

Art & Inspiration International

Join us each Thursday evening at 7:00pm for a gathering of creative minds and hearts.
From sharing works to special guests, performances to presentations, there’s something interesting each week.
Drop by any Thursday. No registration required. Free & open to the public. Poetry Workshop meets the first Thursday of the month.

**Upcoming Special Guests**

Gail Longstroth, Thursday, March 28
Expect to move and be moved as international poet, performer, eurhythmist gail longstroth shares her new film ToR-RoT and reflects on inner necessity as experience through the creative path.

Donnie Day Pomeroy, Thursday, April 11
Art and Inspiration welcomes painter and fiber artist, Donnie Day Pomeroy, to discuss her latest installation, *Journey to Kelmikan*, which features a 7-foot Spirit Doll. Pomeroy has participated in Knit the Bridge, Art Advocacy Speaks, The Repository Exhibition, and has managed the gallery at Spinning Plate.

Making Music Together
Chamber Music Group
Seeking fellow adult musicians to perform chamber music written for small groups of musicians such as duets, trios, quartets, quintets.
Meeting next on:
- Sunday, March 17, 1:00 to 3:00 pm
- Sunday, April 7, 1:00 to 3:00 pm

If you are interested in chamber music or giving it a try, please contact Anthony Giampolo at ChamberMusic@Musician.org with your name, email address and/or phone number, and the instrument(s) you play.

Art Gallery & Display Cases

In our Art Gallery:
*Illustrated Wisdom Art*

In our Display Cases:
*Cherry City 100th Anniversary*
AARP Smart Driving Courses (REG-REQ) $

The library partners with AARP to offer driving courses. Please note there are two courses offered: a two-day Smart Driver course and a Refresher course. You MUST have taken the two-day course in the last three years to register for a Refresher. If you are not sure when you took the class last, call your car insurance company. Most companies offer a discount on your insurance for completion.

SCHEDULE
Smart Driver Refresher Course
Friday, March 22, 2:00-6:00pm
Smart Driver Introductory Course

REGISTRATION
You must register in advance. Call the Library at 412-486-0211.

PAYMENT
AARP Members: $15 Non-members: $20
You will pay the instructor when you come for the class.
**BOOK GROUPS**

*These groups are open to all! No registration necessary. Come make new friends!*

**Monday Night Book Group**
*Second Monday, 6:30pm*
March 11—The Woman in the Window by A.J. Finn
April 8—Robin by Dave Itzkoff

**Lively Lunch Book Group**
*Fourth Wednesday, 12:00pm*
**DATE CHANGE!** March 20—Therese Rocco: Pittsburgh’s First Female Assistant Police Chief
April 24—Wesley the Owl: The Remarkable Love Story of an Owl and His Girl by Stacey O’Brien

**Fantasy Book Group**
*First Wednesday, 1:00pm*
March 6—A Darker Shade of Magic by Victoria Schwab
April 3—East by Edith Pattou

**Food for Thought Book Group**
*Third Wednesday, 6:30pm*
March 20—It’s Good to be Green
April 17—EGG-straordinary!

**Afternoon Mystery Book Group**
*Third Thursday, 2:30pm*
**DATE CHANGE!** March 14—Rescued by David Rosenfelt
April 18—The Blues Walked In by Kathleen George

**COMMUNITY-LED BOOK GROUPS**

**A New Earth: Awakening to Your Life’s Purpose**
facilitated by Ken Herbold
*Wednesdays, 10:00am to 12:00pm*
New members are welcome as we discuss and meditate on Eckhart Tolle’s works.

**Readings in Alternative Everything**
facilitated by Richard Kajuth, Eds, PhD
*Second Wednesday, 6:15pm*
February—The Spiritual Life by Annie Besant
New members always welcome!

**CREATIVE & SOCIAL GROUPS**

**What’s Your Story?**
*Second and Fourth Monday, 12:30pm to 2:30pm*
Do you have some heart-felt stories from your life you’d like to write about and share with others? Come as often as you are able.

**SNHL Card Club**
*First and Third Tuesday, 5:30pm to 8:30pm*
Second and Fourth Tuesday, 1:00pm to 4:00pm
If you like to play card games with adults please come and meet new friends, hone your card-playing skills, and learn new card games.

**Needles and Hooks by the Books!**
*Every Wednesday, 2:00pm*
Bring your knitting or crochet projects and join us for an hour together at the library. Meets downstairs in the Large Print Room. Drop in the first Wednesday of the month for a free learning session!

**Rummikub Game Night for Adults**
*First Thursday, 6:30pm*
Bring a friend and a snack to share.

**SNHL Quilt Group**
*Every Friday, 12:00pm*
Hang out with other quilters, share ideas and have a great time!

**FILM PROGRAM**

**Missed it at the Movies?**
*Third Tuesday, 1:30pm*
March 19—The Bookshop
April 16—Bohemian Rhapsody
May 21—On the Basis of Sex

**Bridge Closure Reminder!**
The Department of Public Works announced that the Rachel Carson (Ninth Street) Bridge in the City of Pittsburgh will close to vehicle and pedestrian traffic beginning at 6 a.m. on Monday, February 11, 2019. The closure, which is expected to last through summer 2020, is required for a $23.3 million rehabilitation project.

**PROGRAM REMINDER!**
All Library programs are open to new members. Programs are free unless otherwise noted. Please register if you plan to attend as this helps us with our arrangements. For programs that require registration, please register online or call the library at 412-486-0211.

- (REG): Registration is requested
- (REG-REQ): Registration is required
- ($): Programs with a fee

Sign up to know more about Adult Programs! Want to be in the ‘know’ for our programs and events? Sign up for our email newsletter on our website. Go to the right-hand column, give us your name and email and confirm. You’ll be notified about once a month of the interesting things going on at SNHL! (We don’t use your email for any other purpose and don’t share it.)