



# Check it out!

Shaler North Hills Library September 2015 [www.shalerlibrary.org](http://www.shalerlibrary.org) 412-486-0211

## Mark your calendars

### Library Hours

Monday 10-8  
Tuesday 10-9  
Wednesday 10-8  
Thursday 10-9  
Friday 10-6  
Saturday 10-5

### Extended hours for adults

Mondays and Fridays the adult section of the library opens at 8:30AM

**Sunday hours resume Sunday, September 13. The hours are 1PM to 5PM.**

### Library closures:

The library will open at Noon on Wednesday, September 2. The water company is installing new meters.

The library will be closed Monday, September 7 for Labor Day.

The library will be closed Saturday, September 19 for Shaler Homecoming! Go Titans! See us in the parade!

The SNHL Board meets in committee meetings during the month of September.

**Art and Inspiration with William Rock presents Sister Marian Senish**

**Thursday, September 3 at 7:00PM**

Finding stillness by entering the Labyrinth

**Speak with State Representative Hal English**

**Tuesday, September 8 from 10:30AM to 12:30PM and Thursday, September 10 from 11:00AM to 1:00PM**

Stop in (first come, first served) and chat with our area State Representative.

**Quiet Fire: the music of James Taylor presented by Peter King**

**Friday, September 11 at 7:00PM**

Performer, guitar teacher, and music journalist Peter King will explore what makes Taylor's music so original. Through guided listening to Taylor's recordings as well as to songs played live by the instructor on his guitar, the class will gain a deeper appreciation of the art of Sweet Baby James. All are welcome.

**Drug Take Back Day Returns!**

**Saturday, September 12 from 10:00AM to 1:00PM**

Turn in your unused or expired prescription medication for safe disposal.

**Trivia Night for Adults**

**Saturday, September 12 at 7:00PM**

Tap your brains, not your phones! Back for its second year! Get a group of friends together and BYOB for a great night of trivia in support of SNHL. \$10.00 per person. Snacks, trivia and fun awaits! (And no, it's not all book trivia.)

**Ask a Physical Therapist—Deana Guarnero from Keystone Physical Therapy**

**Friday, September 18 from 9:45AM to 10:15AM**

Here's your chance to ask physical therapist Deana Guarnero about those aches, pains, and balance issues. Free consultation.

**Make Natural Products with Essential Oils**

**Monday, September 21 from 6:00PM to 7:30PM**

Emily Santistevan, essential oils wellness advocate will be discussing the benefits of essential oils as she demonstrates how to make some natural household and beauty products. Instructions for how to make these products at home will be available.

**Foster Care and Adoption information session**

**Tuesday, September 22 from 7:00PM to 9:00PM**

Presented by Bethany Leas from the STAR Project at the Children's Institute. Learn more about becoming a foster or adoptive parent. You can make a difference in the life of a child.

**Meet the Author Series: Philip Beard @ SNHL**

**Friday, September 25 at 7:00PM**

The Shaler North Hills Library and the Hampton Community Library are teaming up to "play ball" with local author Phillip Beard in celebration of his new book "Swing". Beer tasting, popcorn bar, and baseball card evaluations. All are welcome.

**Get Your Artist On! An afternoon of painting with Elaine Bergstrom—for adults**

**Sunday, September 27 from 2PM to 4PM**

Girls Afternoon Out? No-football time? It's that and more with lots of fun for adults only! Paint it, and take it. Bring snacks, beverages (non-alcoholic, please) and your creativity. \$25 per person includes canvas, paints, brushes and Elaine's guidance. Please pay upon registration.

### **College Financial Planning Workshop**

**Monday, September 28 from 6:15PM to 7:45PM**

Marc Schermer from College Knowledge, Inc. will present a free college financial planning workshop.

### **Meet the Author Series—Dr. Rosemary Hanrahan Edwards, *When Dreams Touch***

**Tuesday, September 29 at 7:00PM**

Dr. Rosemary Hanrahan Edwards knows how powerfully dreams can touch lives and bring people together, as they do in her first novel, *When Dreams Touch*. The *Meet the Author Series* is made possible by the generous support from our **Friends of SNHL** organization.

### **Upcoming Events at SNHL**

#### **SAVE THE DATE! Friends of SNHL Book Sale Blow Out!**

**Saturday, October 10 and Sunday, October 11**

Thousands of books, music CDs, DVDs, books on tape/CD and puzzles! Interested in volunteering? Check with Sharon McRae at 412-486-0211 or [mcraes@einetwork.net](mailto:mcraes@einetwork.net). We accept donations of gently used books, games, puzzles, music and film anytime. Thank you.

#### **Skulls to Know—for adults**

**Saturday, October 17 at 7:00PM**

Join us for an evening of skull identification with our resident science teacher, **Pat Milliken**. We will explore a myriad of different skulls and learn interesting and surprising facts about the beings to whom they belonged. Don't miss this opportunity to develop your "inner scientist"! (A children's version of this program is scheduled for 2:00PM.)

#### **Meet the Author Series—Kathleen Jacobs Shoop, *The Road Home***

**Monday, October 19 at 6:30PM**

We are happy to welcome Kathleen Jacobs Shoop back to SNHL as a guest author. The *Meet the Author Series* is made possible by the generous support from our **Friends of SNHL** organization.

#### **Soapmaking with Lori Chandler of Ashgrove Soaps—2 classes**

**Saturday, October 24 from 10AM–5PM**

All day workshop—Soapmaking 101 and Soapmaking 201. Students bring their own bag lunch. Workshop fee: \$40

#### **Rug Hooking show**

**November 7-8, WOOLWORKS.**

Saturday, 10 a.m. to 5 p.m.; Sunday, 1 to 3:30 p.m. Free. A biennial rug show featuring recent work of members of The Pittsburgh Rug Hooking Guild. Rug hooking and braiding demonstrations.

Contact: Fritz Mitnick 412-767-5698, [fritzmitnick@comcast.net](mailto:fritzmitnick@comcast.net); directions at

[www.shalerlibrary.org/contact-info](http://www.shalerlibrary.org/contact-info).

Attention Senior Citizens: If you are a senior, age 60+, looking for fun, companionship and a delicious meal then the Senior Center North is looking for you!

Nativity Lutheran Church

Rt. 8 and Mt. Royal Blvd., Allison Park, PA Call Meg 412-486-6426

Monday-Friday 9AM to 1:30PM

Daily lunch for \$1.00 donation

Bingo, cards, crafts, exercise and more!

## **Ongoing events at SNHL**

### **Art and Inspiration with William Rock**

#### **Class is ongoing—Every Thursday at 7:00PM**

Artist William Rock facilitates a forum for artists, poets, writers, and musicians to discuss creativity and explore technique in their work. Artists are encouraged to share their work and bring ideas, theories and inspirations to share with others. Dialogue the ways in which inspiration and mysticism inform each other throughout the creative process. Explore your inner self and realize that now is the time to rediscover your creative nature. Suggested donation is \$5.00 per class. All are welcome.

### **Tai Chi Style Movement with John Uddstrom, Instructor**

#### **Class is ongoing—Monday and Friday mornings 8:45AM to 9:45AM**

Class focuses on stretching, balance, body toning and Tai Chi. The class is now offered twice per week, Monday and Friday mornings. The cost will be \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Fees are payable to Shaler North Hills Library, and collected at the checkout desk.

### **Acrylic painting with James Guentner**

#### **Class is ongoing—Every Wednesday at 2:00PM**

Contact James Guentner 412-486-7516 for details about supplies and fees.

### **“The Power of Now: A Guide to Spiritual Enlightenment”**

#### **Discussion / meditation group is ongoing—Every Wednesday from 10:00AM to noon**

New members are welcome as we discuss and meditate on the book “The Power of Now: A Guide to Spiritual Enlightenment” by Tolle Eckhart.

### **Wednesday Night Painters with Teri Geever**

#### **Class is ongoing—Every Wednesday at 6:30PM**

Bring your art supplies and join us from 6:30PM to 8:00PM each week. Fee is \$10.00 per session payable to *Teri Geever*.

### **Elaine Bergstrom -Thursday morning art class**

#### **Thursdays from 10:00AM to 12:00PM**

Simplify your watercolor painting with just six colors. Learn about color bias, Glazing vs. Mixing. Seeing values and how to create form. All levels are welcome. Supply list provided. Contact Elaine Bergstrom at 412-358-8789.

### **Art Gallery at SNHL hosts artists each month**

On the first floor of the library in the computer area SNHL hosts an Art Gallery that is available for artists to show their work. It is a changing gallery that features a new artist each month. Some of the art is for sale. Please inquire at the Reference Desk. Would you like to display your work in the SNHL Art Gallery? Please see Marie Jackson, or contact her: 412.486.0211 or [jacksonm@einetwork.net](mailto:jacksonm@einetwork.net)

### **SNHL Card Club**

#### **First and Third Tuesday from 6:30PM to 8:30PM**

#### **Second and Fourth Tuesday from 2:00PM to 4:00PM**

We've established a **Card Club at SNHL**. If you like to play card games with adults, please call the library at 412-486-0211 to join in this social activity. Meet new friends, hone your card-playing skills and learn new card games.

## **Back to School Wish Tree @ SNHL through September**



Brighten our day by donating new items for SNHL programs! 'Tis the season at all of the stores! While you are shopping for your kids, please consider the library. As you know, the library served over 71,000 kids, teens and adults at nearly 1,400 programs in 2014! We're on track to surpass that for 2015. That's a lot of glue sticks! :) Stop in and pick up a handout listing our needs or visit our website at [www.shalerlibrary.org](http://www.shalerlibrary.org). We couldn't do what we do without your generosity, kindness and support. Thank you so much for your time and consideration.

**ONGOING PROGRAMS**

All programs are free unless otherwise noted. For programs that require registration, call the library at 412-486-0211 or stop by the checkout desk.

**BOOK GROUPS**

**Afternoon Mystery Book Club**

**Meets the third Thursday of the month at 2:30PM**

September 17 (start time 1:30PM) - *Absolute Power*

by David Baldacci—**book discussion and movie**

October 15—*Resolve* by J.J. Hensley

November 19—*A Fatal Grace* by Louise Penny

**Nonfiction Book Club**

**Meets the fourth Tuesday of the month at 2:00PM**

September 22—*The Residence: inside the private*

*world of the White House* by Kate Andersen Brower

October 27—*A Curious Mind* by Brian Grazer

November 24—*A Philosophy of Walking* by Frederic Gros

**Monday Night Book Group**

**Meets the second Monday of the month at 6:30PM**

New members are welcome to attend. Reading picks include contemporary fiction and nonfiction.

September 14—*The Stranger*, by Harlan Coben

October 12—*The Orphan Train*, by Christina Baker Kline

**Food for Thought Book Group**

**Meets the third Wednesday of the month at 6:30PM**

This group is a cookbook discussion group. Each month we will choose a "food theme" and you simply check out a library cookbook based on that theme, prepare a dish from the cookbook, and talk about your recipe and book.

September 16—Little Italy Days

October 21—Apples and Pumpkins

November 18—Super Soup

**Readings in Alternative Everything—a new book group facilitated by Richard Kajuth**

**2nd Wednesday of each month at 6:15PM**

September 9—*Autobiography of a Yogi* by

Paramahansa Yogananda

**Book Banter**

**Meets the second Tuesday of the month at 2:00PM**

Join us for conversation about the books you have read or are currently reading.

**Books to Film**

Let's meet up quarterly to watch a movie based on a book! We can chat briefly about the differences too! (It's ok if you haven't read the book—but be prepared to check it out after watching the film!).

Saturday, September 26 at 7PM—*American Sniper*

Saturday, November 28 at 7PM—*Wild*

**Game Night for Adults**

**Meets the first Thursday of every month at 6:30PM**

Bring a favorite game, a friend, and a snack to share.

**Knit by the Books!**

**Every WEDNESDAY at 2:00PM** Bring your knitting

projects and join us for an hour of

knitting together at the library. We meet downstairs.

**Quilt Group**

**Each Friday at 12:00PM**

Hang out with other quilters, share ideas and just have a great time!

**MOVIE PROGRAMS**

**The Trip is On Us!**

**Meets the third Tuesday of the month at 1:30PM**

September 15—*A Taste of California*

October 20—*Holy Lands*

**Classic Movies in the Afternoon**

**Meets the last Friday of each month at 1:30PM**

September 25—*Sybil*

October 30—*Annie Get Your Gun*

**Book-A-Librarian**

Simply contact us about the best time for you and we will arrange a **customized class just for you**. 412-486-0211

**Language Exploration with Mango**

Learn in a small group setting to practice language skills using the Mango Language database provided by the library. The database is accessible from your home computer, free, with your library card!

**Wednesdays at 2:00PM—Explore Italian**



**Wednesdays at 1:00PM—Italian for Beginners**

A Message from **Janet Miller**, President  
Friends of Shaler North Hills Library

Back to school and the Friends of SNHL are planning an exciting fall season starting with the **Book Sale in October**. Look for a **wine tasting program in November** and the **2nd annual St. Nick's Day in December**.

**Thank you.**