

## Library Hours

Monday 10-8  
Tuesday 10-9  
Wednesday 10-8  
Thursday 10-9  
Friday 10-6  
Saturday 10-5  
Sunday 1-5  
*(Closed Sundays beginning May 28.)*

## Extended Hours

### for Adults

Mondays and Fridays the Adult section of the Library opens at 8:30am.

## Closures

Sunday & Monday  
May 28-29.

## May Caution!

We'll be getting our new computers on **Monday, May 8th. We will NOT have any computer access.**

Please plan accordingly!

## SNHL Board Mtg.

Wed., May 17 at  
7:30PM

## SNHL Friends

May 1, 6:30pm

*Mark your calendars now for the...*

## **THIRD ANNUAL ARTISTS & AUTHORS FESTIVAL** **SATURDAY, MAY 20, 10:00am to 3:00pm**

We're excited to announce our third festival featuring local artists & authors. We expect **20 authors** and the works of **30 artists** to be on display! Our Community Room will be filled with beautiful artwork for sale! Come meet the artists who will also be selling cards, prints and more! Support local authors who have gotten their works published. Talk to them about their writing process, getting published, their works. These books and art make great gifts!

*See inside for more details...*

## **Library Retro Day! Monday, May 8th!**

Hey—we'll be getting our new computers that day so **NO computer use and NO printing** (unless you bring your own laptop in—wifi access only). Be prepared to go old-school in finding books and checking them out. Thanks for your patience!



## 2017 Pulitzer Prize Winners

Fiction: *The Underground Railroad* by Colson Whitehead

History: *Blood in the Water: The Attica Prison Uprising of 1971 and Its Legacy* by Heather Ann Thompson

Auto/Biography: *The Return: Fathers, Sons and the Land in Between* by Hisham Matar

Nonfiction: *Evicted: Poverty and Profit in the American City* by Matthew Desmond

Poetry: *Olio* by Tyehimba Jess

## **M-O-T-H-E-R....a word that means the world to me!**

We're here to help you plan ahead this year! Not sure about a Mother's Day present? We've got two great ways to go.

First, the SNHL Friends Group will be sponsoring gorgeous raffle baskets from April 7 through May 12. Enter to win one for the lady in your life.

Or...pick from a great selection of books that we'll bag up for you, with a bookmark, card and tissue. You're ready to go. Bags for only \$10.00! Visit the Reference Desk to select your books.

# Health & Wellness

## Green Table: A Vegetarian Lifestyle

(REG-REQUIRED)

**Wednesdays, May 3 & June 7**

**6:30pm to 8:00pm**



Let's meet and learn a healthy, simple and nurturing vegetarian dish! Thanuja has been a lifelong vegetarian and is more than happy and excited to share the vegetarian recipes from India per Ayurveda cooking. Each class will feature a 'tasting' at the end! Copies of recipes will be provided.

**This program is free and open to the public. Registration is required. Limited to 25 participants each session. Please register online or call the Library at 412-486-0211.**

### EXTRA ASSISTANCE NEEDED?

Please remember that the Library has a number of services to help our community members of all ages. If you have a vision or physical disability, you might benefit from:

- ◆ Large Print Books; Books on CD
- ◆ Online access for e-books, music, magazines, movies
- ◆ Library for the Blind & Physically Handicapped  
(Ask us about qualifying for reading assistance; you do not have to be blind to use this service!)

### Exercise Class for All Levels

**Every Monday and Friday morning**

**8:45am to 9:45am**

(REG-REQUIRED) \$

Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Fees are payable to Shaler North Hills Library.

**Sun Style Tai Chi with John Boynton**

(REGISTRATION-REQUIRED)\$

**Monday evenings, 6-week sessions**

**Orientation to Tai Chi and Sun Style Tai Chi for Health will return in September.**

\$5/per class or \$20 for series if paid at first session. Six-week sessions. Pay directly to the instructor.

## Medicare - Putting the Pieces Together



Presented by: Patricia Maxwell Spahr, MA, MS, Licensed Sales Representative

**Tuesday, May 2 at 6:30pm**

Are you approaching your 65th birthday? Or maybe you are over 65 and thinking about retiring. If so, it is time to think about Medicare.

In this educational presentation, Patricia will explain the Medicare program and important timeframes for enrolling. You will learn about the Medicare "Parts" and the options you have for getting coverage--including Medicare Supplemental Plans, Prescription Drug Plans, and Medicare Advantage Plans. Patricia will also help you think about the personal healthcare needs and preferences that you should consider when choosing a plan. Bring your questions and become informed!

**Please register online or by calling the Library at 412-486-0211.**

### Free Health Information!

Have you ever checked out the Library's health databases? We subscribe or have links to a number of resources that can help provide valuable information. Visit our website under 'eResources & Learning' and click on the 'Health' tab. There you'll connect with Consumer Health Complete; Medline Plus (for prescription drug information); Merck Manuals and Healthfinder.gov. Information on medications, procedures, medical news and more.

Explore today!

### "Awaken to a Life of Purpose and Presence"

**Wednesdays, 10:00am to 12:00pm**

Interested in exploring the benefits of presence and awareness? Join us as we read the writings of Eckhart Tolle, author of *The Power of Now* and *A New Earth—Awakening to Your Life's Purpose*. Watch videos of Tolle, and meditate. No commitment necessary. Come join us.

Group meets at the Shaler North Hills Library. For more information, contact Ken Herbold at 412-877-8287 or [kennmher@yahoo.com](mailto:kennmher@yahoo.com)

# Programs

## THIRD ANNUAL ARTISTS & AUTHORS FESTIVAL

**SATURDAY, MAY 20, 10:00am to 3:00pm**

Ever wondered how someone with an idea turns it into a book? How do they begin to write? When do they write? How do they know when it's done? And then...how does it get published?

Discover your 'neighbors' as authors and support their hard work in making these books happen. Come and meet them in person. Purchase a book for yourself or as a gift.

**We expect 15-20 local authors!**

And how about those who work with oil, acrylic, watercolor? Or capturing that perfect shot as a photograph? Do you know what landscape weaving is? It's an incredible art show and all for you...and all by artists who live in our area.

**We will have 30+ artists' works on display!**

Some will be selling prints & cards.

Please bring your family & friends to this wonderful event!!!

### ***Authors scheduled to date:***

A. K. Downing  
Denise Fantazier  
Beth Geisler  
Paul Gentile  
David L. Koren  
J. Michael Krivyanski  
Lillie Leonardi  
Roy Love  
Tony Palermo  
Henry Roll  
Jim Rugg  
Judith Burnett Schneider  
Cori Wamsley  
J.D. Wylde  
John Zappia

### ***Artists scheduled to date:***

Marge Cain (acrylic)  
Stu Chandler (photography)  
Sue Ann Driscoll (mixed media)  
Ray Elliott (mosaic)  
Denise Fantazier (mixed media)  
Ruthann Farinacci (fiber)

Nancy Gogal (acrylic)  
James Guenter (ink & oil)  
Margaret Hendrickson (pastel)  
June Kielty (batik, print)  
Mark Kitzki (photography)  
Robert Kruszewski (wood)  
Lyndell Lorenz (oil)  
Elaine Lowe  
Susan McClellan  
Judy Michael (acrylic)  
Patricia Milliken (photography)  
Maggie O'Lear (mixed media)  
Margaret Rebecca  
Henry Roll (enamel)  
Coleen Rush  
Jim Rugg (pencil, digital print, wood)  
Joe Saber (watercolor)  
Judith Burnett Schneider (photography)  
Joanne Stein (print)  
John Stuart (acrylic)  
Carol Vargo (acrylic)  
Sheryl Yeager (pastel)  
Carmella Zielinski (acrylic)

## Programs continued...

### New Series: *Get Adventurous!* (REG)

Our spring series to learn about cool hobbies and activities continues for May. The programs are free and open to the public. Please register online or by calling the library at 412-486-0211 to help plan with seating. Refreshments served.

### An Introduction to Beekeeping with Jim Stein Tuesday, May 9 at 6:30pm



It's common knowledge that bees are a vital part to our food and ecosystem and in 2016 seven species of bees were placed on the endangered species list. Local resident Jim Stein has been keeping bees for many years. Jim will enchant you with his knowledge of bees, beekeeping and honey production. (Jim sells his honey at the Etna Farmers Market seasonally.)

### Art & Inspiration International Presents...

Author Debra Whittam

May 18, 7:00pm



### AM I GOING TO BE OK?

#### *Weathering the Storms of Mental Illness, Addiction and Grief*

Debra Whittam is a licensed, practicing mental health therapist in Pittsburgh who specializes in addiction, anxiety and depression, grief and loss. Whittam is passionate about her work in all areas of her specialties, especially addiction. Working in a detox unit for over three years before beginning her own private practice, Whittam realized, while counseling patients in the life and death arena of the detox unit, how much the loss of a beloved through death or a relationship impacted those struggling with addiction.

Free & open to the public. No registration required. Join us for a fascinating and frank talk on mental illness.

### PROGRAM REGISTRATION TIP!

We encourage you to **register ONLINE** through our website. Find the program you want under "Upcoming Events" (right-hand column) and look for the Register Button. Sign up. It's EASY!

### ART CLASSES

Open to the public. Fees for supplies.

#### Acrylic Painting with James Guentner Wednesdays at 2:00pm \$

Contact James Guentner at 412-486-7516 for details about supplies and fees.

#### NEW Getting Started with Watercolors Class with Elaine Bergstrom

Thursdays at 10:00am \$ (REG REQ)

Begins June 29th and runs through August 3rd  
Cost: \$75.00.

Do you love the softness of watercolors but do not know where to begin or need a refresher? Start with color mixing and palette arranging. Determine which materials and colors to use and how. Learn about graded washes, texture, wet on wet and dry brush techniques. Begin your journey with watercolors this summer!

### *Pssstttt!*

Want to be in the 'know' for our programs & events? Sign up for our email newsletter on our website. Go to the right-hand column, give us your name and email and confirm. You'll be notified about once a month of the interesting things going on at SNHL!

### This month...

**In our Art Gallery: *Joanne Kolek Stein***

**In our Display Case: *Pat Falbo, Metalsmith***  
Hand-fabricated one-of-a-kind jewelry art; teaches metalsmithing at Pittsburgh Center for the Arts and Sweetwater Arts Center; has won several design awards.

## THANK YOU to the Kiwanis Foundation and the Glenshaw Kiwanis Club!!!

On April 22, 2017, the Kiwanis Foundation presented SNHL with a check for \$675.00. In addition, the library will receive matching funds from the Glenshaw Kiwanis Club for a very generous donation total of \$1375.00. The Kiwanis Club sponsors the Family Battle of the Books. The library, in partnership with Shaler Area School District and area schools, conducts over 10 "battles" a year, reaching over 500 kids and their caregivers. This fun and amazing reading/comprehension program is designed to promote family reading and community. We are so grateful for the support of the Glenshaw Kiwanis Club and the Kiwanis Foundation—an organization that champions literacy and children in support of better communities.



*If you have a garden and a library, you have everything you need.*

*~Marcus Cicero*

## Build a Better World with SNHL this Summer!

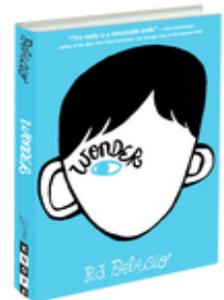
Summer is just around the corner. There are so many ways to build a better world: through reading, helping one another, art, music, gardening and so much more! Remember—think global, act local!

- ◆ **Build a Better World!** Summer reading for all ages kicks off June 1st. SNHL has been trying to build a better world for 75 years! Let's share some great reads, great programs and do some great things this summer by helping one another.

- ◆ **Summer of Wonder: Let's All Read the Same Book!**

Let's all read **Wonder** by RJ Palacio. *Wonder* builds a better world through understanding and celebrating differences. This book is for all ages! Look for so many ways to "Choose Kindness" with SNHL this summer! We can't wait to see you!

*August (Auggie) Pullman was born with a facial deformity that prevented him from going to a mainstream school—until now. He's about to start 5th grade at Beecher Prep, and if you've ever been the new kid then you know how hard that can be. The thing is, Auggie's just an ordinary kid with an extraordinary face. But can he convince his new classmates that he's just like them, despite appearances?*



## Food Truck Round-Up at SNHL!

Please support our local food vendors when you see their trucks in our parking lot. Yummy food at great prices. Partial proceeds benefit the Library.

### The Mission Mahi Truck

2nd & 4th Wednesdays, 4:00pm to 7:00pm

(May 10 & 24, June 7 & 21)

\$10 gets you the most delicious Mahi Mahi fish taco ever. **Fish, fries, cheese, coleslaw.** Big enough for two meals!!!





## Please join us all year long as we celebrate the Shaler North Hills Library's 75th Birthday!

### Read this Book! A Community One-Book Adventure: Kicks off June 1

Join us in reading *Wonder* by RJ Palacio over the summer and party with us in the fall.

### SNHL 75th Celebration Scavenger Hunt! June 9-11

Kickoff the summer and help us celebrate 75 years! Pick up "THE LIST" at the Library, grab your friends and families and seek out the items on the list! Prizes and fun!

### Wonder Woman 75th Anniversary with Wayne Wise: Thursday, June 15, 7:00pm

Wonder Woman turns 75 in 2017 just like SNHL! Come hear about her early beginnings, her creator, and more from local expert Wayne Wise. Refreshments served. Subject matter geared towards 14 and up (no young children, please).

### Wine Tasting with John Eld: Saturday, June 17, 7:00pm

### 2017 Jane Neely 5K Race and Shaler Township Community Day! Tuesday, July 4 at 8:30am (race time) Fireworks in the evening. Race proceeds benefit the library in honor of our 75th!

### SNHL Trivia Night for Adults! 75th Anniversary Style! Saturday, July 15 from 7:00pm to 9:30pm

Trivia by the decade! With some fun library stuff! \$10.00 per team or \$2.00 per person. Refreshments, BYOB.

### The Golden Age of Radio: When FM Stereo Was: Thursday, July 20, 7:00pm

Tune in to SNHL for a slice of radio nostalgia you won't want to miss! John Eld takes us back in time to his first assignment as a musical host on WKJF-FM, Pittsburgh's premier full-time radio station, when radio stations used turntables and music came from 12-inch vinyl records.

### Celebrate SNHL and Shaler History: Saturday, October 7 from 2:00pm to 8:00pm

Our final birthday event! Take a trip down memory lane with local speakers and explore local history photos. Bring your memories to share!

So much more to come....stay tuned for more events this fall. We'll also have a memory book and photo display, a beautiful SNHL birthday quilt, and other ways to show your love of your library. As always, we thank you for your generous support!



# Community News

**Pancake Breakfast**  
**Saturday, May 13**



**Kiwanis**  
 CLUB OF GLENSHAW

**8:00 to 11:00am**

Blueberry pancakes, eggs, sausage, juice, milk, coffee.

Shaler Area Middle School, 1810 Mt. Royal Boulevard

\$7.00 adult; \$3.00 children under 12

Chinese Auction; 50/50 Raffle

Part of a global organization of volunteers dedicated to improving the world one child and one community at a time. *71 years of service!*



**Gardens Galore!** SNHL partners with the Shaler Garden Club for these annual summer events—

- \* Local Great Gardens Contest—enter from June through July 11
- \* Great Gardens Tour (June 25, 11:00am to 3:00pm) Tickets \$15.00
- \* Fairy House Making for Children (June 16, 7:00pm) *Includes Bake Sale this year!*

*Do you have concerns about falling?*

**A Matter of Balance:  
 Managing Concerns  
 About Falls**



This seven-week program emphasizes practical strategies to manage falls. You will learn to—

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risks at home
- Exercise to increase strength and balance

Class size is limited to 20. (You may bring a caregiver to attend with you if needed.) It is recommended that you attend the entire series. Pay by cash or check to Shaler EMS. Drop off at the EMS or bring payment to the first session.

**Brought to you by the Shaler EMS**  
**Mondays, April 10 to May 22, 2:00-4:00pm**  
**Shaler North Hills Library**

**Shaler EMS Subscribers: Free**  
**Non-EMS members: \$10**

For registration and information, please call Maria Bardakos at 412-487-6590.

**Shaler Garden Club's Annual Plant Sale & Flea Market**

**Saturday, May 6, 9:00am to Noon**  
**Kiwanis Park, Rain or Shine**  
[shalergardenclub.com](http://shalergardenclub.com)

Annuals and perennials from local gardens. Bulbs, herbs and houseplants. Baked goods, Basket Auction, Wine Auction *Free Children's Activities*— Face painting, scavenger hunt, butterfly craft, decorate a pot for your mom for Mother's Day!

**AARP Smart Driving Courses (REG-REQ) \$**

The library partners with AARP to offer driving courses. Every other month is either the two-day Smart Driver course or the Refresher course. You MUST have taken the two-day course in the last three years to register for a Refresher. If you are not sure, call your Insurance Company. Most companies offer a discount for completion.

**Introductory Course:**  
**Tuesday & Thursday, May 16 & 18, 2:00-6:00pm**

**Refresher:**  
**Friday, June 23, 2:00-6:00pm**

AARP Members: \$15 Others: \$20  
 Call the library to register. 412-486-0211

**BOOK GROUPS****Monday Night Book Group****Second Monday, 6:30pm**

May 8—*Sorrow Road* by Julia Keller  
 June 12—*Rosie Project* by Graeme Simsion  
 July 10—*Small Great Things* by Jodi Picoult

**Home Grown Book Group****Second Tuesday, 2:00pm**

May 9—*Tangled Up in Brew* by Joyce Tremel  
 June 13—*Death by Cyanide* by Paula Reed Ward

**Nonfiction Book Group****Fourth Tuesday, 2:00pm**

May 23—*In the Great Green Room: the Brilliant and Bold Life of Margaret Wise Brown* by Amy Gary  
 June 27—*The Shift: One Nurse, Twelve Hours, Four Patients' Lives* by Theresa Brown

**Fantasy Book Group****First Wednesday, 1:00pm**

May 3—*Hero of Ages* by Brandon Sanderson  
 June 7—*The Queen of Attolia* by Megan Whalen Turner

**Readings in Alternative Everything—facilitated**

by Richard Kajuth, Eds, PhD

**Second Wednesday, 6:15pm**

*Does the Soul Survive? A Jewish Journey to Belief in Afterlife, Past Lives & Living With Purpose* by Rabbi Elie Kaplan Spitz

**Food for Thought Book Group****Third Wednesday, 6:30pm**

A cookbook discussion group! Check out a library cookbook prepare a dish from the cookbook based on the theme.  
 May 17—Cinco de Mayo (Mexican food)  
 June 21—Food on a Stick

**A New Earth: Awakening to Your Life's Purpose****Wednesdays, 10:00am to 12:00pm**

New members are welcome as we discuss and meditate on Eckhart Tolle's works.

**Afternoon Mystery Book Group****Third Thursday, 2:30pm**

May 18—*Beautiful Lies* by Lisa Unger  
 June 15—*Guilty Minds* by Joseph Finder  
 July 20—Movie! Watching *The Accountant*

**CREATIVE & SOCIAL GROUPS****What's Your Story?****Second and Fourth Mondays, 12:30pm to 2:30pm**

Do you have some heart-felt stories from your life you'd like to write about and share with others? Come as often as you are able.

**SNHL Card Club****First and Third Tuesday, 5:30pm to 8:30pm****Second and Fourth Tuesday, 1:00pm to 4:00pm**

If you like to play card games with adults please come and meet new friends, hone your card-playing skills, and learn new card games.

**Knit & Crochet by the Books!****Every Wednesday, 2:00pm**

Bring your knitting or crochet projects and join us for an hour together at the library. Meets downstairs by the new fiction books.

**Game Night for Adults****First Thursday, 6:30pm**

Bring a favorite game, a friend, and a snack to share. Scrabble Players sought to join the group! Just stop by.

**Quilt Group****Every Friday, 12:00pm**

Hang out with other quilters, share ideas and have a great time!

**FILM PROGRAMS****The Trip is On Us!****Third Tuesday, 1:30pm**

May 16—*Hallowed Grounds: America's Overseas Military Cemeteries*  
 June 20—*A Year in Champagne*  
 July 18—*Maine*

**Movies in the Afternoon****Last Friday, 1:30pm**

May 26—*Zero Dark 30*  
 June 30—*Big Stone Gap*  
 July 28—*Walk in the Woods*

**Looking for something good to read?**

- Ask a librarian or staff member. We LOVE to recommend our favorites!
- Sign up for Good Reads and see what others are enjoying!
- Ask us about Novelist Plus—free with your card!
- Try the website Fantastic Fiction. This is a great source for following authors and series.

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