



snhl Check it out!

Shaler North Hills Library

July 2016

www.shalerlibrary.org 412-486-0211

Library Hours

Monday 10-8
Tuesday 10-9
Wednesday 10-8
Thursday 10-9
Friday 10-6
Saturday 10-5
Sunday Closed

Extended Hours for Adults

Mondays and
Fridays the Adult
section of the Library
opens at 8:30am.

**Sunday hours
resume in
September.**

Closed July 4.

SNHL Board Mtg.

Committees meet in
September.

We happily accept and
thank you for your
gently used or new
donations: books,
DVDs, and magazines.

4th Annual Appraisal Fair

Saturday, July 30 10:00am to 1:00pm

Bring your heirlooms, collectables and treasures to be appraised by experts from the Heinz History Center. \$5.00 per item or 3 items for \$12.00. (This program is popular so be prepared to wait in line!)



The Mission Mahi Truck Returns to SNHL!



July 14th and August 11, 11am-6pm

Visit the front parking lot and chat with Jimmy while grabbing lunch and/or dinner. \$9.00 average cost of the fish taco (fresh mahi) and one taco feeds two people! A percentage of sales goes to SNHL. Thank you so much!

Start Here: Resume Help

July 28, 10:30am and 6:30pm

Get started on your resume! Staff and volunteers will be on hand to get you started. We'll provide the laptop and the guidance. Sessions last 2 hours. Please register by calling the library.



The Wild Side of Africa (Part of *The Trip is on Us* Series)

Tuesday, July 19 from 1:30pm-3:30pm

Join speaker Pat Milliken who shares her photos, observations, and stories of South Africa, Namibia, with a short jaunt to the city of Maputo, Mozambique. The travel adventure is a pictorial view of the characteristics of wildlife reserves created in the savanna environment. It focuses on the animals living there and the challenges to preserve them. An activity called ***Suitcase for Survival*** will emphasize what you can do as a traveler to avoid exploiting threatened and endangered species.

Also stop by our Art Gallery to view Pat's photos!



The 2016 Adult Summer Reading Program

Don't miss this summer's reading program for adults! There are great events and programs to expand your mind and stretch your reading interests. Read what you like, complete a raffle ticket and join in the fun. Our sponsors generously provide a variety of wonderful prizes for weekly drawings. Take a chance on some beautiful gift baskets too! Don't let the kids have all the fun—get YOUR game on!

Adult Game Room: Open Now!

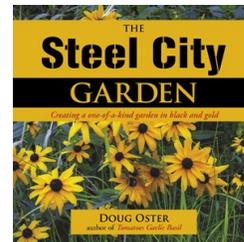
Cool off and relax at the library this summer! Drop by to color, do crosswords, play checkers, work on a puzzle, and more. Iced tea on Mondays in the summer!

GOLDEN TICKET

If you select a book with a "Golden Ticket" inside you can claim your prize at the Circulation desk. The Mt. Royal Shopping Center and Millvale Subway stores have generously partnered with Shaler North Hills Library by providing coupons for a **FREE 6-inch Subway sandwich!** Please show your appreciation for this generous donation by visiting these Subway stores.

"Deer, Rabbits, and Ground Hogs- Oh My!"

The Shaler Garden Club will host guest speaker Doug Oster on **Tuesday, July 26 at 6:00pm.** Doug Oster is Home and Garden editor for the Pittsburgh Tribune-Review. He's also an Emmy Award winning producer, television host and writer. Oster is co-host of *The Organic Gardeners* Radio show every Sunday morning at 7:00am on KDKA radio in Pittsburgh. Visit his website at: www.dougoster.com. The program is free and open to the public.



Tai Chi Style Movement with John Uddstrom (REG-REQUIRED) \$

Every Monday and Friday morning, 8:45am to 9:45am
Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Fees are payable to Shaler North Hills Library and collected at the checkout desk.

Sun Style Tai Chi with John Boynton

Mondays, 6:30pm to 7:15pm (REG-REQUIRED) \$
This form of Tai Chi was created by a team of medical doctors. It is specifically designed for those who experience *arthritis, neuropathy, balance issues, joint replacement, systemic disorders, weakness of the limbs and loss of flexibility*. You will need the will power to work on your mental focus, your practice discipline, and your ability to learn. Wear loose clothing and shoes without heels. Fee: \$2.00 per 45-minute class. Pay directly to the instructor.

Yoga Class... Interested?

We're assessing the interest for our patrons to host a Yoga Class at the Library. If you would participate, please contact us and we'll see how many folks might like to attend. Call 412-486-0211 to leave your contact info.

Art & Inspiration International Thursdays at 7:00pm

Artist William Rock facilitates a forum for artists, poets, writers, and musicians to discuss creativity and explore technique in their work. Artists are encouraged to share their work and bring ideas, theories and inspirations to share with others. All are welcome! Free.

July 28: Special guest Tibetan Bon Buddhist monk Tempa Lama. He is an ordained Tibetan Bon Buddhist Lama, author, artist and poet. Tempa Lama was raised in a Himalayan Monastery since the age of six. He will speak about "The Power of Creativity and Compassion in Everyday Life."

ART CLASSES

Acrylic Painting with James Guentner
Wednesdays at 2:00pm (REG-REQ) \$
Contact James Guentner at 412-486-7516 for details about supplies and fees.

Wednesday Night Painters with Teri Geever
Wednesdays at 6:30pm (REG-REQ) \$
Bring your art supplies and join us each week. Fee is \$10.00 per session, payable to Teri Geever.

Elaine Bergstrom—Thursday Morning Art Class
Thursdays, 10:00am to 12:00pm (REG-REQ) \$
On hiatus until September.



FIND FITNESS, FRIENDS, AND FUN!

A community-led group of walkers invites you to keep up your walking by joining them on Friday mornings at 8:00am. Folks can walk at different paces but join the group for company and conversation. The group meets at Shaler North Hills Library. New walkers are welcome! If you have questions, please contact June Bodnar at 412-487-6028 or june.bodnar@verizon.net. (Not a library-sponsored program.)

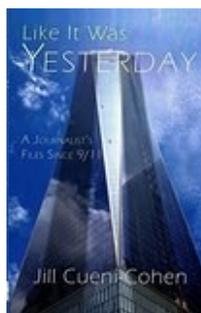
Meet the Authors! Sponsored by Friends of SNHL

We're excited to host the following authors this summer! Please mark your calendars now and join us for what will surely be fascinating discussions. Refreshments served. Free and open to the public. Please call to register so we can plan for attendance.

***Far Away in the Sky: a Memoir of the Biafran Airlift*, by David L. Koren**

Monday, July 18 at 6:30pm

Far Away in the Sky gives the personal account of a young American volunteer who joined the largest international humanitarian relief airlift ever attempted. In 1968 millions of people, mostly children, were starving due to a military blockade of Biafra, the former Eastern Region of Nigeria. UNICEF recruited six former United States Peace Corps Volunteers, including the author, to help unload the planes. More than just a memoir of events, *Far Away in the Sky* promotes a discussion of international aid, of the balance between the grace of giving and the dignity of receiving aid, and the policies of governments toward intervention or non-intervention in humanitarian disasters.



***Like it Was Yesterday: A Journalist's Files Since 9/11* by Jill Cueni-Cohen**

Tuesday, August 30 at 6:30pm

Like It Was Yesterday is a compilation of articles and stories that span the past 14 years, chronicling the myriad of changes that have taken place in our society as a result of that one horrible day. The book begins with a personal diary and gives the reader insight into the way most Americans reacted through their experiences of sending sons and daughters into war, even while Americans tried to stay safe at home. This book was the 2015 The Authors' Zone Award winner.

Great Gardens Contest! Entries due July 11!

This annual event is sponsored by the Library and the Shaler Garden Club. We love celebrating the talent of our community! If you visit this library, we'll come and visit your garden! Our curiosity knows no bounds. Prizes will be awarded on July 26 during the Shaler Garden Club's annual meeting and visit by Doug Oster. Gardens may be considered for the 2017 Great Gardens tour. Download a form from our website or email Sharon at mcras@einetwork.net for more information. Thank you!

SNHL 75th Pre-Birthday Bash Design Contest

The Library turns 75 in 2017! We're having a pre-birthday bash and design contest kick-off. Design what you love about SNHL! We will have art supplies and cake and cookies. You can also design at home.

YOU, our patrons, will decide what designs are chosen for our 75th anniversary swag. We will divide the entries into age categories depending on the number of entries and choose several designs. Winners will be announced August 31.

No registration is necessary.

Designs are due July 28, voting in August.



Soapmaking with Lori Chandler of

Ashgrove Soaps (REG-REQUIRED) \$

Saturday, July 9 from 10:00am to 4:00pm

Saturday August 20 from 10:00am to 4:00pm

All day workshops! \$45.00 for both Soapmaking 101 and Soapmaking 201 (cold-pressed soap).

Registration is limited to 10 participants, age 18 or older. Please register and pay at the Library Circulation Desk. Cash or check, payable in advance. Checks are payable to *Ashgrove Soaps*. (Repeat attendees receive a \$5.00 discount.) Wear old clothes, bring a long-sleeved shirt, and closed-toe shoes. Equipment and supplies for class including goggles and gloves are provided. Students bring their own brown bag lunch and drink. You will take home the soap YOU make!

BOOK GROUPS**Monday Night Book Group****Second Monday, 6:30pm**

Reading picks include contemporary fiction and nonfiction.

July 11—*Bettyville* by George Hodgeman

August 8—*Girl on the Train* by Paula Hawkins

Home Grown Book Group**Second Tuesday, 2:00pm & 6:30pm**

Let's discuss local authors or titles set in the local area!

July 12—*War Against Miss Winter* by Kathryn Miller Haines

August 9—*Only Ever You* by Rebecca Drake

Nonfiction Book Group**Fourth Tuesday, 2:00pm**

July 22—*Strength In What Remains* by Tracy Kidder

Fantasy Book Group**First Wednesday, 1:00pm**

July 6—*Knight of the Seven Kingdoms* by George R.R.

Martin; *The Graveyard Book* by Neil Gaiman

Readings in Alternative Everything—facilitated by Richard Kajuth, Eds, DD**Second Wednesday, 6:15pm****Food for Thought Book Group****Third Wednesday, 6:30pm**

A cookbook discussion group! Check out a library cookbook based on the theme, prepare a dish from the cookbook, and talk about your recipe and book.

July 20—From the Garden

August 17—Camping Food

A New Earth: Awakening to Your Life's Purpose**Wednesdays, 10:00am to 12:00pm**

New members are welcome as we discuss and meditate on Eckhart Tolle's works.

Afternoon Mystery Book Group**Third Thursday, 2:30pm**

July 21—*The Guest Room* by Chris Bohjalian

August 18—*The Kind Worth Killing* by Peter Swanson

PROGRAM REMINDER!

All Library programs are open to new members. Programs are free unless otherwise noted. **Please call if you plan to attend** as this helps us with our arrangements. For programs that require registration, call the library at 412-486-0211 or stop by the checkout desk.

- (REG) : Registration is requested
- (REG-REQ): Registration is required
- (\$): Programs with a fee

FILM PROGRAMS**The Trip is On Us! Africa****Third Tuesday, 1:30pm**

July 19—*The Wild Side of Africa* with Pat Milliken

Join us for this in-person travelogue! Hear about Pat's travels and view her photos.

August 16—*Brazil Revealed*

Movies in the Afternoon**Last Friday, 1:30pm**

July 29—*Fargo*

August 26—*Mystic River*

EXPLORE LANGUAGE

Learn language skills in a small group setting.

Intermediate Spanish with Diana Morales is on hiatus for the summer. Resumes in late August.

Spanish Class for Beginners: Leave your name/number at the circulation desk if you are interested.

French Class for Beginners: **Tuesdays, 6:30pm**

GROUPS**What's Your Story?****Second and Fourth Mondays, 12:30pm to 2:30pm**

Do you have some light-hearted stories from your life you'd like to write about and share with others? Come as often as you are able.

SNHL Card Club**First and Third Tuesday, 5:30pm to 8:30pm****Second and Fourth Tuesday, 1:00pm to 4:00pm**

If you like to play card games with adults please come and meet new friends, hone your card-playing skills, and learn new card games.

Knit & Crochet by the Books!**Every Wednesday, 2:00pm**

Bring your knitting or crochet projects and join us for an hour together at the library. Meets downstairs by the new fiction books.

Game Night for Adults**First Thursday, 6:30pm**

Bring a favorite game, a friend, and a snack to share. (*Scrabble Players will not be in for July.*)

Quilt Group**Every Friday, 12:00pm**

Hang out with other quilters, share ideas and have a great time!

(Calming, Cozy Coloring is on hiatus for the summer but will return in the fall!)