

Library Hours

Monday 10-8
Tuesday 10-9
Wednesday 10-8
Thursday 10-9
Friday 10-6
Saturday 10-5
Sunday 1-5

Extended Hours

for Adults

Mondays and
Fridays the Adult
section of the Library
opens at 8:30am.

SNHL Board Mtg.

February 10, 7:30pm

SNHL Friends

None in February

We happily accept and
thank you for your
gently used or new
donations: books,
DVDs, paperbacks,
current magazines and
puzzles.

**Check out our fab-
ulous programs on
pages 3 & 4. Mark
your calendars
now to join us all
spring!**

Reading is "Snow" Much Fun!

Don't let the winter blues keep you down! It's a great time to curl up with a good book...or two or three. Sign up for the Adult Winter Reading Program. For each book you read/listen to, you can enter our raffle for weekly prizes. Easy and fun! Write reviews of your favorites to share with others. Hope to see you in the Library this winter!



Fifth Annual Caddy Stacks! Mini Golf "Fore" the Library



One of our most popular ways to beat the winter blues—come out for a round of miniature golf amidst the stacks of books. \$5.00 per person/\$2.50 per child age 12 and under.

Saturday & Sunday, February 18 & 19

10:00am to 5:00pm—all players

Saturday, February 18 from 7:00-9:00pm—Teens

You and your family can become 'golf course designers'—it's fun and easy to design a hole. Pick a theme! Use common household items or get the kids crafting! Please contact Sharon McRae to 'sponsor' a hole at mcraes@einetwork.net.

We thank Wildwood Highlands, Wildwood Country Club and area families/friends for their annual support!



Mystery Most Wanted and SNHL present...

DIAL M FOR MOTHER

Saturday, March 11, 2017

Doors open at 6:15pm, show starts at 7:30pm

You're invited to the Fates Motel for Mother Fates' 100th birthday celebration. Be sure to bathe her in the spotlight and shower her with attention, but take care to soak up the ambiance of the historic rooming house and the soap opera about to take place inside. We promise that you'll never feel clean again.

Homemade soup, fresh bread, salad and dessert included in what is sure to be an awesome evening of fun, laughs and murder! \$25.00 per person. Please pay in advance at the library or via PayPal www.shalerlibrary.org.

Book a table and have fun with friends while supporting the Library! Guess who done it!



Arts & Literature

Art & Inspiration International Thursdays at 7:00pm



Artist William Rock facilitates a forum for artists, poets, writers, and musicians to discuss creativity and explore technique in their work. Artists are encouraged to share their work and bring ideas, theories and inspirations to share with others. All are welcome!

ARTIST CHUCK OLSON February 16th at 7:00pm

Come meet former Shaler-ite Chuck Olson, artist and art professor.

View his work here:
www.chuckolsonpaintings.com



Check out our new ArtistWorks database! Visit our website and search under Research and eLearning!

ART CLASSES

Open to the public. Fees for supplies.

Acrylic Painting with James Guentner Wednesdays at 2:00pm \$

Contact James Guentner at 412-486-7516 for details about supplies and fees.

Watercolor Class with Elaine Bergstrom Thursdays, 10:00am to 12:00pm \$

Returns January 19th.
Contact Elaine Bergstrom at 412-358-8789.

This month...

In our Art Gallery: Joseph Missenda

Health & Wellness

Living Life Post Cancer Treatment

For adults of any cancer diagnosis who have completed treatment within the last 2 years. A free 9-week program with 30 minutes of exercise, a light meal and a presentation from experts. Offered by Our Clubhouse.

February 1-March 22, 11:30am to 2:00pm

To register, please contact Colleen Dwyer at 412-338-1919 or cdwyer@ourclubhouse.org

Exercise Class for All Levels

We congratulate John Uddstrom who is now celebrating SEVEN years of teaching exercise classes here at Shaler North Hills Library! Focusing on balance, stretching, circulation, meditation and Tai Chi, the classes are open to all and beginners are welcome. Classes are taught in an inviting, friendly atmosphere with no judgment or competition. Start and end your week amongst friends and feeling healthy and refreshed. You can start at any time.

Every Monday and Friday morning

8:45am to 9:45am

(REG-REQUIRED) \$

Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Fees are payable to Shaler North Hills Library.

Sun Style Tai Chi with John Boynton (REG-REQ)\$ Monday evenings, 6-week sessions

\$4/per class or \$20 for series if paid at first session.
Six-week sessions. Pay directly to the instructor.

A) Orientation to Tai Chi

Resumes in April

B) Sun Style Tai Chi for Health

March 6 to April 17, 6:30-7:30pm

This form of Tai Chi was created by a team of medical doctors. It is specifically designed for those who experience *arthritis, neuropathy, balance issues, joint replacement, systemic disorders, weakness of the limbs and loss of flexibility*. Wear loose clothing and shoes without heels.

Programs

CSI Shaler Library: Critter Skull Investigation



Saturday, February 4, 12:00-2:00pm (REG)

Did you know the polar bear is the only true carnivore bear? Hey, tell that to someone chased by a grizzly! How is a coyote's lifestyle different from a groundhog? How many teeth are in an elephant's mouth? Can you put a deer back together? Answer these and many other questions at CSI Shaler. There will be several interactive activities to do. Fun and educational for the entire family. See you there! Please register online or by calling 412-486-0211.

Book Group RoundUp!

February 24, 7:00-9:00pm

Join us to learn more about the book groups here at the library—there's eight of them to choose from. Share what you're reading or your favorites from your group. Talk about how to select books for a group. No registration necessary.



Brush Buddies with Elaine Bergstrom

Friday, February 3 at 7:00pm (REG-REQ) \$

Come create some "Winter Serenity" with guidance from artist Elaine Bergstrom. Snacks and beverages (wine included) allowed! You take your work of art home at the end of the session.

Registration & Fees:

- ◆ **Registration REQUIRED.**
- ◆ **Space limited to 30.**
- ◆ **Fee: \$25 pre-paid at registration (includes supplies). Please register at the Circulation Desk.**
Please note: no refunds may be issued if cancellation is done within 7 days of the program date. Registrants may participate in the next session.

A Man Called Ove—Free Movie Showing! Saturday, Feb. 11 at 2:30pm (REG)

This was SO POPULAR we're viewing it again! The New York Times best selling novel by Fredrik Backman is now a motion picture! This comedy highlights a 'grumpy old man' who is quietly afraid as society changes around him. Voted the Best European Comedy at EFA – the European Oscars. Please register in case of inclement weather.

Green Table: A Vegetarian Lifestyle (REG-REQUIRED)

**Tuesday, February 14
6:30pm to 8:00pm**



Lets meet and learn a healthy, simple and nurturing vegetarian dish! Thanuja has been a lifelong vegetarian and is more than happy and excited to share the vegetarian recipes from India per Ayurveda cooking. Each class will feature a 'tasting' at the end! Copies of recipes will be provided.

This program is free and open to the public. Registration is required. Limited to 25 participants each session. Please register online or call the Library at 412-486-0211.



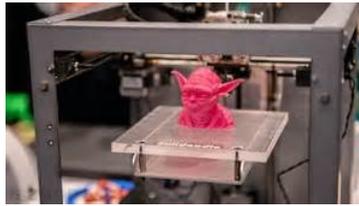
Dads, Daughters & 'Dos!
NEW DATE—Sunday, February 26
1:00-3:00pm (REG)

Dads—need a little help getting your daughter ready to go out? From ponytails, to braids, to everything in-between, our guest hair stylist Erin Mullen from Salon Magnolia is ready to give you her tips and tricks. Whether it's running late for the bus or a special occasion, dads can connect with their daughters in a special way.

Registration required. Please call 412-486-0211 or register online via our website. Please bring any hair brushes, ponytail holders, barrettes or other favorite hair accessories with you!

Programs continued...

Maker Night Extravaganza Tuesday, March 7 at 6:30pm (REG)



Check out 3Ds printers, robots and much more to explore with the educators and students of A.W. Beattie Career School! Let your imagination soar! For those in grades 5 and up. Great fun for the WHOLE FAMILY!

Please register online via our website or by calling the Library at 412-486-0211.

Remember Pearl Harbor Thursday March 2, 2:00pm

Join us for a special showing of this new documentary produced by the WWII Foundation and narrated by Tom Selleck, *Remember Pearl Harbor*. The focus of this film is on the military and civilian survivors of Pearl Harbor, all of whom had totally different experiences on December 7, 1941. Free and open to all.

Many of our programs you can now register for ONLINE through our website. Find it under "Events" and look for the Register Button.



CREATIVE SUCCULENT GARDEN NIGHT with members of The Shaler Garden Club

Friday, March 17, 7:00 pm to 9:00 pm (REG \$)

Looking for a "green activity" after this winter? Come join us this evening to create your own succulent container garden. A great night out with friends and family or date night. Would make a great gift!. Members of the Shaler Garden Club will provide succulents, soil, containers and instruction for your garden.

BYOB and snacks!

COST: \$15.00 per person

Limited to 20 participants

Registration deadline: March 10

Payment due upon registration at Shaler North Hills Library.

A Sneak Peek at More Great Programs coming in March, April, and May!

March:

- ◆ **Body Positivity & Eating Disorders:** Celebrate Women's History Month by celebrating your own wonderful self! Join us March 23rd for a guest speaker from UPMC on eating disorders, take a selfie to show us how beautiful you are, and more!
- ◆ **Metal Detecting—March 14th, 6:30pm** Join us for an interesting evening learning about the treasures you can find with metal-detecting! See items from the Civil War era and more! Sponsored by the Monroeville Area Metal Detectors.
- ◆ **Meet the Authors: A Mystery Trio—March 28th, 6:30pm.** Join Joyce Tremel, Annette Dashofy and J.J. Hensley!

April:

- ◆ **Chinese Poet & Calligrapher Huang Xiang—April 6, 7:00pm.** Special Guest of Art & Inspiration International.
- ◆ **Intro to Fly Fishing—April 11th, 6:30pm,** Join Steven Plut as he simplifies this sport for all. There's an ever-growing interest by women in learning to fly fish too. Visit his website at: www.FlyFishingSimplified.com
- ◆ **Poetry Month—stay tuned for information**
- ◆ **HUGE Book Sale—April 21, 22, 23!!! Mark Your Calendars NOW!**
- ◆ **Travel through SNHL History—Help us celebrate our 75th birthday by taking a journey with us back in time. Sunday, April 9th, 2:00-4:00pm**

Coming Up...

- ◆ **Third Annual Authors & Artists Festival—Meet local authors and artists who will share their work.**

SNHL 75
1942 - 2017

Community News

AARP Smart Driving Courses (REG-REQ) \$

The library partners with AARP to offer driving courses. Every other month is either the two-day Smart Driver course or the Refresher course. You MUST have taken the two-day course in the last three years to register for a Refresher. If you are not sure, call your Insurance Company.

Refresher:

Friday, February 24, 2:00-6:00pm

Introductory Course:

Tuesday & Thursday, March 21 & 23, 2:00-6:00pm

AARP Members: \$15 Others: \$20
Call the library to register. 412-486-0211



PA Yellow Dot Program— Safety in Your Vehicle!

This program assists citizens in the “golden hour” of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle’s rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need.

Find out more by visiting this website:
www.yellowdotpa.gov

Great Services

Resume Chat Returns!

Tuesdays, February 21
and March 21, 6:30pm

It's the new year—time for a fresh start on that job hunting!

Stop by the Library and consult with one of our staff on how to get a great-looking, updated resume. Bring your resume on a flash drive, paper copy, or be sure you can access it in your email.



NEW Database!!! ArtistWorks for Libraries!

ArtistWorks for Libraries provides patrons with world-class instruction through self-paced video lessons from Grammy Award-winning music and artistic professionals. ArtistWorks offers users everything they need for musical and artistic instruction, from introduction to advanced performance.

- Beginner to advanced music instruction for the most popular string and band instruments
- Professional musicians provide instruction
- Art and voice classes also included
- Video based with bookmarking features
- On-the-go learning
 - Remote access for 24/7 availability
 - Browser enabled for desktop and mobile devices

Accessible on the Shaler website with a Shaler Library card! Search under Research and eLearning!

Top Picks from the Mystery Book Group:

Memory Man by David Baldacci
Paris Architect by Charles Belfoure
Eva's Eye by Karin Fossum
Redemption Road by John Hart
Pretty Girls by Karin Slaughter
The Kind Worth Killing by Peter Swanson



Homebound Delivery

If you or someone you know is homebound in the Shaler area and would like to have books delivered, please contact the Reference Department. We will do our best to arrange a time when we can deliver books to your home. Call us at 412-486-0211.

BOOK GROUPS**Monday Night Book Group****Second Monday, 6:30pm**

February 13—*In Such Good Company* by Carol Burnett
 March 13—*And Then There Were None* by Agatha Christie

Home Grown Book Group**Second Tuesday, 2:00pm**

February 14—*Leave Me* by Gayle Forman
 March 14—*The Johnstown Girls* by Kathleen George

Nonfiction Book Group**Fourth Tuesday, 2:00pm**

February 28—*Stoned: jewelry, obsession, and how desire shapes the world* by Aja Raden
 March 28—*Muslim Girl: a coming of age* by Amani Al-Khatahtbeh

Fantasy Book Group**First Wednesday, 1:00pm**

February 1—*Mistborn: The Final Empire*
 by Brandon Sanderson
 March 1—*The Thief* by Megan Whalen Turner

**Readings in Alternative Everything—facilitated
by Richard Kajuth, Eds, PhD****Second Wednesday, 6:15pm**

*How to Be Compassionate: A Handbook for Creating Inner
 Peace and a Happier World* by the Dalai Lama

Food for Thought Book Group**Third Wednesday, 6:30pm**

A cookbook discussion group! Check out a library cookbook
 prepare a dish from the cookbook based on the theme.
 February 15—From Scratch Challenge (something you've
 always wanted to make from scratch but never have)
 March 15—Eat Your Veggies & Other Healthy Stuff

A New Earth: Awakening to Your Life's Purpose**Wednesdays, 10:00am to 12:00pm**

New members are welcome as we discuss and meditate on
 Eckhart Tolle's works.

Afternoon Mystery Book Group**Third Thursday, 2:30pm**

February 16—*Broken Promise* by Linwood Barclay (*change
 in title!*)
 March 16—*Rage Against the Dying* by Becky Masterman

CREATIVE & SOCIAL GROUPS**Calming, Cozy Coloring for Adults****Sundays, 2:00-4:00pm**

Join friends to express your creativity! Bring coloring
 books and markers, pencils, etc. Some supplies will
 also be available.

What's Your Story?**Second and Fourth Mondays, 12:30pm to 2:30pm**

Do you have some heart-felt stories from your life
 you'd like to write about and share with others? Come
 as often as you are able.

SNHL Card Club**First and Third Tuesday, 5:30pm to 8:30pm****Second and Fourth Tuesday, 1:00pm to 4:00pm**

If you like to play card games with adults please come
 and meet new friends, hone your card-playing skills,
 and learn new card games.

Knit & Crochet by the Books!**Every Wednesday, 2:00pm**

Bring your knitting or crochet projects and join us for an
 hour together at the library. Meets downstairs by the
 new fiction books.

Game Night for Adults**First Thursday, 6:30pm**

Bring a favorite game, a friend, and a snack to share.
 Scrabble Players sought to join the group! Just stop by.

Quilt Group**Every Friday, 12:00pm**

Hang out with other quilters, share ideas and have a
 great time!

FILM PROGRAMS**The Trip is On Us!****Third Tuesday, 1:30pm**

February 21—*Ruta 40 Argentina*
 March 21—*Encounters at the End of the World*

Movies in the Afternoon**Last Friday, 1:30pm**

February 24—*Carol Burnett Show: The Lost Episodes*
 March 24—*Brooklyn* (**NOTE DATE CHANGE!**)

EXPLORE LANGUAGE

Learn language skills in a small group setting.

Intermediate Spanish with Diana Morales**Mondays, 11:30-12:30pm**

February 6 through March 27

Beginning French**Tuesdays, 6:30-7:30pm**

Donate with
amazon smile