



snhl Check it out!

Shaler North Hills

April 2016

www.shalerlibrary.org 412-486-0211

Library Hours

Monday 10-8
Tuesday 10-9
Wednesday 10-8
Thursday 10-9
Friday 10-6
Saturday 10-5
Sunday 1-5

Extended hours for adults

Mondays and
Fridays the Adult
section of the library
opens at 8:30am.

HOLIDAY HOURS:
No closures for
April

SNHL Board Mtg.

Wednesday, April 13
at 7:30pm

Friends of SNHL Meeting

Annual meeting:
May 2, 6:30pm
All interested parties
please join us!
(see page 3)

We happily accept
and thank you for
your gently used
or new donations:
books, DVDs, and
magazines.



Career Resource Event (REG suggested)

Wednesday, April 6, 10:00am to 2:30pm

Come receive help in your job searching and career goals. Experts from the Carnegie Library of Pittsburgh and the Career Development Center will provide assistance with navigating applicant systems, online job search strategies, job applications and more. Employer meet & greets with the Etna-Shaler Rotary, Giant Eagle and more! Please register at the checkout desk or by calling 412-486-0211.

CCAC North Campus Career Fair (REG requested)

Saturday, April 9, 1:00 - 5:00 pm

CCAC North Campus will host an admissions presentation for anyone wanting to enroll in classes this summer or upcoming fall. Have your questions answered about our enrollment process for credited and non-credited courses, high school dual enrollment, SOAR articulation agreement for Career and Technical Education or Vocational Technical Education. Please RSVP to Rhena McCaskill at 412-369-3612.

2016 Spring Book Sale Blowout!

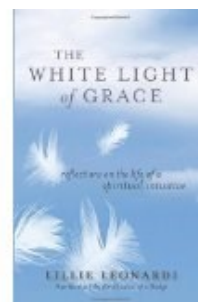
Mark your calendar now for our GIANT Spring Book Sale April. 22, 23 & 24. See the flyer inside (page 4).

Author! Author!

Lillie Leonardi, Tuesday, April 5 at 7:00pm

(REG suggested)

The author of *In the Shadow of a Badge* returns to talk about her latest book, *The White Light of Grace: Reflections on the Life of a Spiritual Intuitive*. As an inspiring example of what it means to be called to service, Ms. Leonardi shows that it is never too late to find your spiritual path and life's purpose. She grew to believe that we all carry a gift within us. Sometimes the skill is lost to us due to the everyday situations and stressors in life. Other times, the tragedies in our lives awaken these abilities.



Call for Authors & Artists! We are now seeking artists, authors and volunteers for our second Festival on **Saturday, May 14th**. See page 2 for more details.

National Poetry Month

Come celebrate National Poetry Month with THREE exciting events featuring local poets! Programs will be held on Thursday evenings.

On April 7th at 7:00pm come hear **Andy Johnson with his poetry/jazz band Blisstaken,**
On April 14th at 7:00pm **Deana November and "The Staghorn Cafe Poets."**

Sponsored by Art & Inspiration International

An Evening of Poetry

On April 28th at 7:30pm join us for a special evening of poetry featuring four renowned local poets:

Bart Solarczyk
Ziggy Edwards
Scott Silsbe
Don Wentworth

Poetry is more fun when you engage with it yourself! Look for the typewriter in the Adult Services Department and add your line or two to our ever-growing Community Poem!

WORKLAUNCH

Career Connections and Workshops

Celebrate Your Artistic Side! Music, Art, Authors & more...

The Beatles' Double Play (REG-requested)

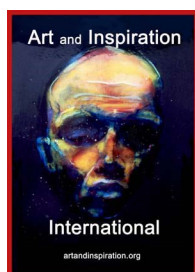
Friday, April 15th at 7:00pm

The Beatles' Double Play focuses on *Revolver* and *Sgt. Pepper's Lonely Hearts Club Band* – two successive LPs on the short list of the group's very best music. Why do these albums still sound catchy, innovative and even profound a half-century after they were made? Through guided listening to the recordings, as well as examples played by the instructor on guitar, the presentation will explore the following topics:

- ⇒ What made the Lennon-McCartney songwriting partnership/rivalry magical
- ⇒ The role of producer George Martin (R.I.P. March 8, 2016) sometimes called "The Fifth Beatle"
- ⇒ The group's innovative use of emerging recording studio technology
- ⇒ How the band was influenced by Indian ragas, Bob Dylan, musique concrete and the Beach Boys
- ⇒ How cultural currents of the 1960s, from drugs to Eastern religions, shaped The Beatles, and vice-versa



Peter King is a guitar teacher, performer and lecturer who lives in Aspinwall. He worked as a pop and jazz music critic at The Pittsburgh Press and the Pittsburgh Post-Gazette and earned an M.M. in guitar performance at Duquesne University. He has released two CDs, "The Road to Ubatuba" and "Dancing on a Long Leash." For more information, visit peterkingmusic.com.



Art and Inspiration with William Rock

Thursdays at 7:00pm

Artist William Rock facilitates a forum for artists, poets, writers, and musicians to discuss creativity and explore technique in their work. Artists are encouraged to share their work and bring ideas, theories and inspirations to share with others. Suggested donation is \$5.00 per class. All are welcome.

April 7, 7:00pm—Andy Johnson with his poetry/jazz band Blisstaken

April 14, 7:00pm—The Staghorn Cafe Poets. The Staghorn Cafe Poetry Series is a program and poetry workshop created by Deena November. Deena is a creative writing professor and has had several of her poetry collections published. She has also edited a poetry anthology for publisher Houghton Mifflin.

CALL FOR ARTISTS & AUTHORS!

**Please join us for our second
Artists & Authors Festival
Saturday, May 14th
10:00am-3:00pm**

- ◆ Artists may submit up to 3 pieces for display.
- ◆ Authors are encouraged to book table space.
- ◆ Art & books will be on display and for sale.
- ◆ Author talks throughout the day.

Forms for participating or volunteering are found on our website or at the Reference Desk.

Contact Beth Lawry at lawryb2@einetwork.net or 412-486-0211.

Please mark your calendars NOW for what will surely be an exciting event! Support your local artists & authors and meet them in person.

Coming Up—"The Art of Islam" with **Mary Martin**. Mary is an artist, educator, a member of the Muslim community and a graduate of The Rhode Island School of Design.

ART CLASSES

Acrylic Painting with James Guentner

Wednesdays at 2:00pm (REG-REQ) \$

Contact James Guentner at 412-486-7516 for details about supplies and fees.

Wednesday Night Painters with Teri Geever

Wednesdays at 6:30pm (REG-REQ) \$

Bring your art supplies and join us each week. Fee is \$10.00 per session, payable to Teri Geever.

Elaine Bergstrom—Thursday morning Art Class

Thursdays, 10:00am to 12:00pm (REG-REQ) \$

Simplify your watercolor painting with just six colors. Learn about color bias; glazing vs. mixing; seeing values and how to create form. All levels are welcome. Supply list provided. Contact Elaine Bergstrom at 412-358-8789.

The Pittsburgh Foundation's Day of Giving: Tuesday, May 3, 2016 from 8:00am to Midnight
Donate via www.pittsburghgives.org

Please note there is a difference this year from past years:

- SNHL will not have a match pool for this particular giving day. There is a minimum donation of \$25.00. Your gift is 100% tax deductible.
- **There will be a separate Day of Giving for libraries in Allegheny County ONLY on September 20, 2016.** The Jack Buncher Foundation will be providing a match pool for the libraries that day.
- We are very grateful for your online donation regardless! The generosity of The Pittsburgh Foundation makes it very easy to contribute to multiple non-profits and we are thrilled to be able to participate in these giving events. They raise important awareness of giving and the wonderful work non-profits do. We are very cognizant, however, that as a tax-supported entity we are so fortunate to serve a thoughtful, generous Shaler-area community. We do not take that support for granted or want people to think we ask too often. If you live outside the Shaler area and enjoy the services of SNHL, perhaps the Day of Giving would be a great way to show your additional support.
 We thank all of our friends and supporters!



Great Gardens Contest

Seeking great gardens for our annual Great Local Gardens Contest! Spring is finally here! We can't wait to take a peek at those beautiful, tranquil spaces you work so hard on every spring, summer and fall. This annual event is sponsored by the Library and the Shaler Garden Club. Prizes will be awarded for the top five gardens. Those chosen will be under consideration for the 2017 Garden Tour. **Entries due by July 11th.**

***Save the Date!* Garden Tour: June 26, 2016 from 11:00am to 3:00pm**

Beautiful blooms to benefit the Library! Local gardens with great variety, color and detail are featured on this self-guided tour. Sponsored by the Shaler Garden Club and the Shaler North Hills Library. Proceeds benefit the library. Contact Sharon McRae if you are interested in submitting your garden to be part of the official tour!

Don't miss the Shaler Garden Club Plant Sale!
Saturday, May 7, from 9:00am to 12:00noon.



Friends of SNHL Annual Meeting
Monday, May 2 at 6:30pm

A special invitation to attend the Annual Meeting for the Friends of SNHL! Please join us for an evening of refreshments, guest speakers, and fellowship. **ALL ARE WELCOME!!**

Janet Miller, President

The Mission Mahi Truck will be in our parking lot on Thursday, April 7, from 12-6pm. Make your lunch plans now and benefit SNHL!!



PROGRAMS

Getting Fit & Healthy!

Getting Fit Over 50 (REG-requested)**Tuesday, April 12 at 6:30pm**

With so much information and so many fitness programs, it's hard to know what is right for you. This is an informational session to give you the direction you need in order to improve your health, wellness and fitness levels. At a time when getting six-pack abs isn't a goal but living longer, healthier lives without medications is, navigating your way shouldn't be complicated. Come and learn the proven basics to achieving your fitness and wellness goals from certified personal trainer "Coach" Fred Como and functional medicine practitioner, Dr. William Howrilla. Register by calling 724-713-1581 or email at: CoachFred@OneSourceWellnessCoaching.com.

Ask a Physical Therapist**April 15th from 9:45 to 10:15am**

This is a FREE consult with a licensed Physical Therapist from Keystone Physical Therapy. Staff is available to answer questions about muscle, joint and movement problems. No registration required.

Shaler Pedestrian and Bicycle Committee**April 26, 7-8:30pm**

Calling all walkers, runners, and cyclists! All members of the Shaler community interested in pedestrian and bicyclist safety and infrastructure in Shaler Township are invited to attend. The purpose of this grass roots committee is to improve the conditions for pedestrians, runners, and cyclists in Shaler Township in partnership with the Township government and other stakeholders. For more information contact Dave Lampe at 412-487-4826.

**Tai Chi Style Movement with John Uddstrom \$
Every Monday and Friday morning, 8:45am to 9:45am**

Class focuses on stretching, balance, body toning and Tai Chi. The class is offered twice per week, Monday and Friday mornings. Cost is \$2.00 per class, \$10.00 per month or \$100.00 for the entire year. Fees are payable to Shaler North Hills Library and collected at the checkout desk.

Sun Style Tai Chi with John Boynton**Mondays, 6:30pm to 7:15pm** (REG-REQUIRED) \$

This form of Tai Chi was created by a team of medical doctors. It is specifically designed for those who experience *arthritis, neuropathy, balance issues, joint replacement, systemic disorders, weakness of the limbs and loss of flexibility*. You will need the will power to work on your mental focus, your practice discipline, and your ability to learn. Wear loose clothing and shoes without heels. Fee: \$2.00 per 45-minute class. Pay directly to the instructor.

**Meet with State Representative Hal English****Friday, April 8 from 2:00pm to 4:00pm and Friday, May 6 from 10am to 12:00pm**

Stop in (first come, first served) to chat with our area State Representative.

Hot Topics: "I've Been Named as Executor.**What Will I Have to Do?"** (REG-requested)**Monday, April 11 from 2:00 - 3:00 pm**

In this session of the Hot Topics Series, attorneys Carolyn Russ and Katie Outon of Olds Russ & Associates will explain the basic responsibilities of being named as executor.

AARP Smart Driving Courses (REG-REQUIRED) \$

The library partners with AARP to offer driving courses. Every other month is either the two-day Smart Driver course or the Refresher course. You must have taken the two-day course in the last three years to register for a Refresher. **April 15** is open for the Refresher. **May 17&19** is the next two-day starter class. Classes are from 1:00-5:00pm. Call the library to register.

National Drug Take Back Day**April 30, 10am to 2pm**

In conjunction with the Shaler Township Police Department, SNHL will serve as a collection site for any unused, unwanted, or expired medications. This is an environmentally safe way to dispose of medications. Drop off at the Library.

COMING IN MAY**Single Payer Healthcare Discussion**

(REG-requested)

Tuesday, May 3 at 7:00pm

A viewing of the documentary *Fix It- Healthcare at the Tipping Point* followed by a discussion moderated by Scott Tyson, MD and Theresa Chalich, RN of Healthcare4AllPA.org. HealthCare4AllPA is a non-profit organization, founded in 2006 to educate people on single payer and secure a true comprehensive universal health care system for every citizen of Pennsylvania. Q&A to follow. Please come and share your thoughts on this important topic!

PROGRAM REMINDER!

All Library programs are open to new members. Programs are free unless otherwise noted. For programs that require registration, call the library at 412-486-0211 or stop by the checkout desk. Registering ahead of time helps us plan for attendance.

- Registration is suggested/requested: (REG)
- Registration is required: (REG-REQ)
- Programs with a fee: \$

ONGOING PROGRAMS

BOOK GROUPS

Monday Night Book Group

Second Monday, 6:30pm

New members are welcome to attend. Reading picks include contemporary fiction and nonfiction.

April 11—*Coal River* by Ellen Marie Wiseman

May 9—*Station Eleven* by Emily St. John Mandel

June 13—*Chalk's Outline* by JJ Hensley

Nonfiction Book Club

Fourth Tuesday, 2:00pm

April 26—*Dinner with the Smileys* by Sarah Smiley

NEW! Home Grown Book Group

Second Tuesday, 2:00pm & 6:30pm

Let's discuss local authors or titles set in the local area! (replaces Book Banter)

April 12—*Swing* by Philip Beard

May 10—*Aftertaste* by Meredith Milet

June 14—*Salvatore and Maria* by Paul Gentile

NEW! Fantasy Book Group

First Wednesday, 1:00pm

April 6—*The Historian* (part 1) by Elizabeth Kostova & *The Elfstones of Shannara* (book 2) by Terry Brooks

May 4—*The Historian* (part 1) by Elizabeth Kostova

The Ocean at the End of the Lane by Neil Gaiman

Food for Thought Book Group

Third Wednesday, 6:30pm

This group is a cookbook discussion group. Each month we will choose a "food theme" and you simply check out a library cookbook based on that theme, prepare a dish from the cookbook, and talk about your recipe and book.

April 20—Egg and Cheese (In honor of *Egg Salad Week* and *Grilled Cheese Month*)

May 18—Brunch

June 15—Herbs & Spices

Readings in Alternative Everything—a book group facilitated by Richard Kajuth, Eds, DD

Second Wednesday, 6:15pm

April 13 & May 11—*The Tibetan Book of Living and Dying* by Sogyal Rinpoche

The Power of Now: A Guide to Spiritual Enlightenment

Wednesdays, 10:00am to 12:00pm

New members are welcome as we discuss and meditate on the book by Eckhart Tolle.

Afternoon Mystery Book Club

Third Thursday, 2:30pm

April 21—*Paris Architect* by Charles Belfoure

FILM PROGRAMS

The Trip is On Us!

Third Tuesday, 1:30pm

April 19—*Great Festivals of the World*

May 17—*Chinatown*

June 21—*Art Trails of the Riviera*

Movies in the Afternoon

Last Friday, 1:30pm

April 29—*The Mission*

May 27—*The King's Speech*

June 24—*Best Exotic Marigold Hotel*

EXPLORE LANGUAGE

Learn language skills in a small group setting.

Beginning Spanish with Diana Morales

Thursdays, 10:00am

NEW! French Class for Beginners

(limited group): **Tuesdays, 6:30pm**

GROUPS

What's Your Story?

Second and Fourth Mondays, 12:30pm to 2:30pm

Do you have some light-hearted stories from your life you'd like to write about and share with others? Come as often as you are able.

SNHL Card Club

First and Third Tuesday, 5:30pm to 8:30pm

Second and Fourth Tuesday, 1:00pm to 4:00pm

If you like to play card games with adults, please call the library at 412-486-0211 to join in this social activity.

Meet new friends, hone your card-playing skills, and learn new card games.

Knit by the Books!

Every Wednesday, 2:00pm

Bring your knitting projects and join us for an hour of knitting together at the library. Meets downstairs by the new fiction books.

Game Night for Adults

First Thursday, 6:30pm

Bring a favorite game, a friend, and a snack to share.

Quilt Group

Every Friday, 12:00pm

Hang out with other quilters, share ideas and just have a great time!

(Calming, Cozy Coloring is on hiatus for the spring and summer but will return in the fall!)

